NIMA SABZCHAMANARA

Date of birth: 14/09/1982 | **Gender:** Male | **Nationality**: Ukrainian

Mobile: (+49) 15167346094
Email address: nima.sch@icloud.com **Facebook:** https://www.facebook.com/neema.sch/
Home: Alter berg 12, 82319 starnberg, Germany

WORK EXPERIENCE

THERAPEUTIC DENTIST

LUX DENT
17/12/2021 – Current

KIEV, Ukraine

- Consulting patients
- Tooth hermetisation, fissure sealing as premetive prevention
- Providing basic instruction in professional dental hygiene
- Routine teeth cleaning mastering.
- Caries treatment and restoration
- Evaluation records of patient's dental health
- Exposed and developed dental X-rays
- Temporary and permanent filings Chemical and light cured composites (Spectrum, Esthet-x, SDR, Ceram-x, Filtek, Estelite)
- Periodontal dressings
- Teeth extraction
- Making Atrificial crowns (PFM, Resin based)
- Making removable and none- removable dentures for elderlies
- Work with Rubberdam
- Work with dental Loops
- Work with Endomotors
- Work with Guttacore system
- Work with Gentle file system (endodontic treatment)
- Work with Hybrid method canal obturation
- Work with apexlocator
- Work with Microscope
- Work with Diode laser
- Competent preparation of a treatment plan
- Ensuring qualified and timely treatment of patients
- Timely maintenance of approved medical records
- Coating of teeth with therapeutic and prophylactic varnishes and gels
- Knowledge of professional oral hygiene techniques
- Recommendations for the selection of personal hygiene products
- Preparation of carious cavities of teeth
- Open and developed dental x-rays, work with computed tomography CBCT and its analysis
- Ability to provide emergency medical care.
- Root canal treatment
- Placed temporary and permanent fillings (Spectrum, Esthet-x, SDR,
- Charisma , CERAM.X one, Estelite, Filtek)
- Treatment of periodontal tissues;
- Splinting of moving teeth
- Extraction of teeth
- Knowledge of all types of therapeutic treatment and preparation of teeth under prosthetics
- Creation of a crown (PFM, plastic)
- Removable dentures
- Experience of permanent work with rubber dam
- Experience with Binoculars
- Experience of permanent work with endomotor
- Experience with Guttacore, Thermafil system.
- Various irrigation techniques
- Experience of constant work with the apex locator
- Experience of permanent work with Gentlefile System Root Canal Treatment
- Experience of constant work with the Method of obturation of the root canal of the tooth Hybrid-
- technique, WVC.
- Experience with a microscope
- Experience of permanent work with diode laser in dentistry
- Carrying out outpatient reception of patients by appointment of the clinic
- Endodontist only under a microscope
- Secondary endodontics
- Teeth whitening
- Pediatric treatment

THERAPEUTIC DENTIST

Doctor Maya dental clinic
19/04/2018 – 30/01/2021

KIEV, Ukraine

- Consulting patients
- Tooth hermetisation, fissure sealing as premetive prevention
- Providing basic instruction in professional dental hygiene
- Routine teeth cleaning mastering.
- Caries treatment and restoration
- Evaluation records of patient's dental health
- Exposed and developed dental X-rays
- Temporary and permanent filings Chemical and light cured composites (Spectrum, Esthet-x, SDR, Ceram-x, Filtek, Estelite)
- Periodontal dressings
- Teeth extraction
- Making Atrificial crowns (PFM, Resin based)
- Making removable and none- removable dentures for elderlies
- Work with Rubberdam
- Work with dental Loops
- Work with Endomotors
- Work with Guttacore system
- Work with Gentle file system (endodontic treatment)
- Work with Hybrid method canal obturation
- Work with apexlocator
- Work with Microscope
- Work with Diode laser
- Competent preparation of a treatment plan
- Ensuring qualified and timely treatment of patients
- Timely maintenance of approved medical records
- Coating of teeth with therapeutic and prophylactic varnishes and gels
- Knowledge of professional oral hygiene techniques
- Recommendations for the selection of personal hygiene products
- Preparation of carious cavities of teeth
- Open and developed dental x-rays, work with computed tomography CBCT and its analysis
- Ability to provide emergency medical care.
- Root canal treatment
- Placed temporary and permanent fillings (Spectrum, Esthet-x, SDR,
- Charisma , CERAM.X one, Estelite, Filtek)
- Treatment of periodontal tissues;
- Splinting of moving teeth
- Extraction of teeth
- Knowledge of all types of therapeutic treatment and preparation of teeth under prosthetics
- Creation of a crown (PFM, plastic)
- Removable dentures
- Experience of permanent work with rubber dam
- Experience with Binoculars
- Experience of permanent work with endomotor
- Experience with Guttacore, Thermafil system.
- Various irrigation techniques
- Experience of constant work with the apex locator
- Experience of permanent work with Gentlefile System Root Canal Treatment
- Experience of constant work with the Method of obturation of the root canal of the tooth Hybrid-
- technique, WVC.
- Experience with a microscope
- Experience of permanent work with diode laser in dentistry
- Carrying out outpatient reception of patients by appointment of the clinic
- Endodontist only under a microscope
- Secondary endodontics
- Teeth whitening
- Pediatric treatment

Therapeutic Dentist

OVASAK DENTAL CLINIC
02/12/2019 – 05/07/2020

KIEV, Ukraine

- Consulting patients
- Tooth hermetisation, fissure sealing as premetive prevention
- Providing basic instruction in professional dental hygiene
- Routine teeth cleaning mastering.
- Caries treatment and restoration
- Evaluation records of patient's dental health
- Exposed and developed dental X-rays
- Temporary and permanent filings Chemical and light cured composites (Spectrum, Esthet-x, SDR, Ceram-x, Filtek, Estelite)
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- Making removable and none- removable dentures for elderlies
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- Knowledge of professional oral hygiene techniques
- Recommendations for the selection of personal hygiene products
- Preparation of carious cavities of teeth
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- Ability to provide emergency medical care.
- Root canal treatment
- Placed temporary and permanent fillings (Spectrum, Esthet-x, SDR,
- Charisma , CERAM.X one, Estelite, Filtek)
- Treatment of periodontal tissues;
- Splinting of moving teeth
- Extraction of teeth
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- Removable dentures
- Experience of permanent work with rubber dam
- Experience with Binoculars
- Experience of permanent work with endomotor
- Experience with Guttacore, Thermafil system.
- Various irrigation techniques
- Experience of constant work with the apex locator
- Experience of permanent work with Gentlefile System Root Canal Treatment
- Experience of constant work with the Method of obturation of the root canal of the tooth Hybrid-
- technique, WVC.
- Experience with a microscope
- Experience of permanent work with diode laser in dentistry
- Carrying out outpatient reception of patients by appointment of the clinic
- Endodontist only under a microscope
- Secondary endodontics
- Teeth whitening
- Pediatric treatment

THERAPEUTIC DENTIST

ORTOLIFE
18/07/2019 – 28/02/2020

KIEV, Ukraine

- Consulting patients
- Tooth hermetisation, fissure sealing as premetive prevention
- Providing basic instruction in professional dental hygiene
- Routine teeth cleaning mastering.
- Caries treatment and restoration
- Evaluation records of patient's dental health
- Exposed and developed dental X-rays
- Temporary and permanent filings Chemical and light cured composites (Spectrum, Esthet-x, SDR, Ceram-x, Filtek, Estelite)
- Periodontal dressings
- Teeth extraction
- Making Atrificial crowns (PFM, Resin based)
- Making removable and none- removable dentures for elderlies
- Work with Rubberdam
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- Work with Guttacore system
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- Work with Hybrid method canal obturation
- Work with apexlocator
- Work with Microscope
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- Competent preparation of a treatment plan
- Ensuring qualified and timely treatment of patients
- Timely maintenance of approved medical records
- Coating of teeth with therapeutic and prophylactic varnishes and gels
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- Recommendations for the selection of personal hygiene products
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- Ability to provide emergency medical care.
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- Charisma , CERAM.X one, Estelite, Filtek)
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- Experience of permanent work with endomotor
- Experience with Guttacore, Thermafil system.
- Various irrigation techniques
- Experience of constant work with the apex locator
- Experience of permanent work with Gentlefile System Root Canal Treatment
- Experience of constant work with the Method of obturation of the root canal of the tooth Hybrid-
- technique, WVC.
- Experience with a microscope
- Experience of permanent work with diode laser in dentistry
- Carrying out outpatient reception of patients by appointment of the clinic
- Endodontist only under a microscope
- Secondary endodontics
- Teeth whitening
- Pediatric treatment

THERAPEUTIC DENTIST

VIKTORIA DENT
04/10/2017 – 30/01/2019

KIEV, Ukraine

- Consulting patients
- Tooth hermetisation, fissure sealing as premetive prevention
- Providing basic instruction in professional dental hygiene
- Routine teeth cleaning mastering.
- Caries treatment and restoration
- Evaluation records of patient's dental health
- Exposed and developed dental X-rays
- Temporary and permanent filings Chemical and light cured composites (Spectrum, Esthet-x, SDR, Ceram-x, Filtek, Estelite)
- Periodontal dressings
- Teeth extraction
- Making Atrificial crowns (PFM, Resin based)
- Making removable and none- removable dentures for elderlies
- Work with Rubberdam
- Work with dental Loops
- Work with Endomotors
- Work with Guttacore system
- Work with Gentle file system (endodontic treatment)
- Work with Hybrid method canal obturation
- Work with apexlocator
- Work with Microscope
- Work with Diode laser
- Competent preparation of a treatment plan
- Ensuring qualified and timely treatment of patients
- Timely maintenance of approved medical records
- Coating of teeth with therapeutic and prophylactic varnishes and gels
- Knowledge of professional oral hygiene techniques
- Recommendations for the selection of personal hygiene products
- Preparation of carious cavities of teeth
- Open and developed dental x-rays, work with computed tomography CBCT and its analysis
- Ability to provide emergency medical care.
- Root canal treatment
- Placed temporary and permanent fillings (Spectrum, Esthet-x, SDR,
- Charisma , CERAM.X one, Estelite, Filtek)
- Treatment of periodontal tissues;
- Splinting of moving teeth
- Extraction of teeth
- Knowledge of all types of therapeutic treatment and preparation of teeth under prosthetics
- Creation of a crown (PFM, plastic)
- Removable dentures
- Experience of permanent work with rubber dam
- Experience with Binoculars
- Experience of permanent work with endomotor
- Experience with Guttacore, Thermafil system.
- Various irrigation techniques
- Experience of constant work with the apex locator
- Experience of permanent work with Gentlefile System Root Canal Treatment
- Experience of constant work with the Method of obturation of the root canal of the tooth Hybrid-
- technique, WVC.
- Experience with a microscope
- Experience of permanent work with diode laser in dentistry
- Carrying out outpatient reception of patients by appointment of the clinic
- Endodontist only under a microscope
- Secondary endodontics
- Teeth whitening
- Pediatric treatment

English Teacher, Speaking club Tutor

English language courses: English Today
2013 – 2016

kiev, Ukraine

- planning, preparing and delivering lessons
- preparing teaching materials
- helping pupils improve their listening, speaking, reading and writing skills via individual and group sessions
- checking and assessing pupils' work
- organising and running specialist courses
- Organize and execute lessons
- develop materials and activities
- Hands out assignments and interesting exercises
- Detect students that needs extra attention and create customized plans
- Grade test and homework
- Offer useful feedback for student improvement
- Records students' grades and attendance
- Research and deploy improved teaching methods
- Report to parents about their ward's performance
- Collaborate with other stakeholders to engender a valuable student experience
- Put together lesson plans in order to effectively incorporate the allotted duration of each lesson
- Impart lessons efficiently using diverse styles of teaching subject to the content
- Create a lively classroom atmosphere to ensure students' engagement
- Help students understand the structure and rules of the English language
- Instruct students on how to spell words correctly as well as learn their meanings
- Demystify the rules of concord, sentence construction and grammar
- Teach students how to correctly pronounce words
- Help students learn how to think critically in poetry and literature.

English Speaking Club Tutor

Flashstudies
2013 – 2016

kiev, Ukraine

- Organize and execute lessons
- develop materials and activities
- Hands out assignments and interesting exercises
- Detect students that needs extra attention and create customized plans
- Grade test and homework
- Offer useful feedback for student improvement
- Records students' grades and attendance
- Research and deploy improved teaching methods
- Report to parents about their ward's performance
- Collaborate with other stakeholders to engender a valuable student experience
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- Instruct students on how to spell words correctly as well as learn their meanings
- Demystify the rules of concord, sentence construction and grammar
- Teach students how to correctly pronounce words
- Help students learn how to think critically in poetry and literature.

English Teacher, Speaking club Tutor

Gold Star
2013 – 2016

kiev, Ukraine

- planning, preparing and delivering lessons
- preparing teaching materials
- helping pupils improve their listening, speaking, reading and writing skills via individual and group sessions
- checking and assessing pupils' work
- organising and running specialist courses
- Organize and execute lessons
- develop materials and activities
- Hands out assignments and interesting exercises
- Detect students that needs extra attention and create customized plans
- Grade test and homework
- Offer useful feedback for student improvement
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- Demystify the rules of concord, sentence construction and grammar
- Teach students how to correctly pronounce words
- Help students learn how to think critically in poetry and literature.

Dental assistant
Verdiclinic
2013 – 2015

kiev, Ukraine

- Assisting with dental procedures such as fillings, crowns, and extractions
- Taking & pouring dental impressions (molds of the mouth)
- Preparing patients for surgery
- Operating equipment and monitors
- Talking with patients
- Performing administrative tasks
- Preparing examination areas
- Cleaning up after procedures
- Sterilizing equipment

Operator Call-center
E-quity Management
2012 – 2014

kiev, Ukraine

- make telesales and market research calls to new and existing customers.
- deal with customer orders, card payments, enquiries and complaints.
- advise about products and services.

Massage Therapist
Ukrainian Massage Federation
04/02/2012 – 2013

kiev, Ukraine

- Talk with clients about their symptoms, medical history, and desired results
- Evaluate clients to locate painful or tense areas of the body
- Manipulate muscles and other soft tissues of the body
- Provide clients with guidance on stretching, strengthening, overall relaxation, and how to improve their posture
- Document clients' conditions and progress

English Teacher
Shokouh Institute
2006 – 2009

TEHRAN, Iran

- planning, preparing and delivering lessons
- preparing teaching materials
- helping pupils improve their listening, speaking, reading and writing skills via individual and group sessions
- checking and assessing pupils' work
- organising and running specialist courses
- Organize and execute lessons
- develop materials and activities
- Hands out assignments and interesting exercises
- Detect students that needs extra attention and create customized plans
- Grade test and homework
- Offer useful feedback for student improvement
- Records students' grades and attendance
- Research and deploy improved teaching methods
- Report to parents about their ward's performance
- Collaborate with other stakeholders to engender a valuable student experience
- Put together lesson plans in order to effectively incorporate the allotted duration of each lesson
- Impart lessons efficiently using diverse styles of teaching subject to the content
- Create a lively classroom atmosphere to ensure students' engagement
- Help students understand the structure and rules of the English language
- Instruct students on how to spell words correctly as well as learn their meanings
- Demystify the rules of concord, sentence construction and grammar
- Teach students how to correctly pronounce words
- Help students learn how to think critically in poetry and literature.

EDUCATION AND TRAINING

Conferenceseries
Certificate of recognition for Online oral presentation at the 42th European Forum on Dental Practice & Oral Health
29/12/2021 – 30/12/2021

http://conferenceseries.com/

Certificate for PARTICIPANT ONLINE conference Professional school for continuous professional development of a dentist "Modern world trends in modern dental practice"
09/12/2021 – 09/12/2021

med-expert.com.ua

Institute of Dentistry and Maxillofacial Surgery of the National Academy of Medical Sciences of Ukr
Certificate for PARTICIPANT ONLINE conference modern methods of diagnosis, prevention and treatment of dental diseases
17/09/2021 – 17/09/2021

Dspace
Certification of Participation in Master class X-ray diagnostics. Modern methods and protocols
14/08/2021 – 14/08/2021

https://dspace.kiev.ua/en/

Shupyk National Medical Academy of Postgraduate Education
Certificate for PARTICIPANT ONLINE CONFERENCES FOR DOCTORS INTERDISCIPLINARY DISCUSSIONS "STRESS. ANXIETY
30/07/2021 – 30/07/2021

https://nuozu.edu.ua/d/kontakti

INSTITUTE OF PEDIATRICS, OBSTETRICS / PNECOLOGY NAMED AFTER ACADEMICIAN O.M. LUKYANOV
Certificate for PARTICIPANT ONLINE conference :WOMEN'S HEALTH PROTECTION NOTES AND TIPS FOR MODERN FAMILY DOCTORS, DENTISTS AND GYNECOLOGISTS
29/06/2021 – 29/06/2021

www.healthhub.com.ua

National Medical univeristy O.O BOgomolets,
Certificate for PARTICIPANT ONLINE II International Conference "World medicine in everyday practice "
22/04/2021 – 23/04/2021

www.zhyvyaktyvno.org

Conferenceseries
Co-chair, Moderator, Speaker at 28th Euro Dentistry Congress
16/09/2019 – 17/09/2019

http://conferenceseries.com/

Conferenceseries
Certification of Participation for Presentation at 28th Euro Dentistry Congress
16/09/2019 – 17/09/2019

http://conferenceseries.com/

Ukrainian Endodontic Assossiation
Certification of Participation to ENDODONTIC SYMPOSIUM FROM UES (Ukrainian Endodontic Society)
05/09/2019 – 05/09/2019

https://www.medvin.kiev.ua/en/

Medvin

Certification of Participation to the Symposium on Endodontics by Igor Noyenko. CLINICAL OPPORTUNITIES OF SOCO FILES

27/03/2019 – 27/03/2019

Soco.com.ua

Conferenceseries

Certification of Participation for Presentation atthe 23rd Word Annual Dental Summit

11/03/2019 – 12/03/2019

http://conferenceseries.com/

Ukrainian Endodontic Assossiation

Certification of Participation to ENDODONTIC SYMPOSIUM FROM UES (Ukrainian Endodontic Society)

08/02/2019 – 08/02/2019

https://www.medvin.kiev.ua/en/

Ukrainian Endodontic Assossiation

Certification of Participation to Endodontic Symposium from Ukrainian Endodontic association

30/11/2018 – 30/11/2018

https://sodevcom.com.ua/en/statute-3/

Conferenceseries

Certificate of recognition for Poster presentation on 27th Euro Dentistry Congress 25-27th October Prague, Czech Republic.

25/10/2018 – 27/10/2018

http://conferenceseries.com/

Conferenceseries

Best Poster award 27th Euro Dentistry Congress

25/10/2018 – 27/10/2018

http://conferenceseries.com/

Ukrainian Endodontic Assossiation

Certification of Participation to Sixteenth international conference (Modern technologies in Endodontics

27/09/2018 – 29/09/2018

https://sodevcom.com.ua/en/statute-3/

Shupyk National Medical Academy of Postgraduate Education

Certificate of Specialist in Therapeutic Dentistry

14/03/2018 – 18/05/2018

9 Dorohozhytska Str., , kiev, Ukraine | https://nuozu.edu.ua/d/kontakti

Conferenceseries

Certificate of recognition for Presentation at the 21st Annual world dental summit

26/02/2018 – 28/02/2018

kemp house, 152 City road, London, ECI V 2NX, UK, paris , France | conferenceseries.com

Conferenceseries

Certificate of recognition for Poster presentation

26/02/2018 – 28/02/2018

kemp house, 152 City road, London, ECI V 2NX, UK , Paris, France | http://conferenceseries.com/

Denis Podilchuk

Certification of Participation to Microscopic Dentistry course

19/11/2017 – 19/11/2017

https://www.facebook.com/denis.podilchuk

Department of Oral and Maxillofacial Surgery Kharkiv University

Certification of Participation to course Diode Laser in Dentistry

13/11/2017 – 13/11/2017

https://www.facebook.com/Асоціація-лазерної-стоматології-України-1336152153134036/

Dentsply

Certification of Participation in Master class Periodontology, diagnosis, prevention, treatment periodontium

04/11/2017 – 04/11/2017

https://www.dentsplysirona.com/ru-ru/education.html

Ukrainian Endodontic Assossiation

Certification of Participation to Fifteenth international conference (Modern technologies in Endodontics

05/10/2017 – 06/10/2017

https://sodevcom.com.ua/en/statute-3/

NATIONAL MEDICAL UNIVERSITY

CERTIFICATE OF SPECIALIZED TRAINING IN MEDICINE (CLINICAL ORDINATURA) IN THEREPEUTIC DENTISTRY

05/10/2015 – 05/10/2017

Peremohy Ave, 34,, KIEV, Ukraine | https://nmu.ua/

Dentsply

Certification of Participation in Lecture program in Dental international forum

18/05/2017 – 18/05/2017

https://www.dentsplysirona.com/ru-ru/education.html

Shupyk National Medical Academy of Postgraduate Education

Certification of Participation to International Dental Congress

25/04/2017 – 27/04/2017

https://nuozu.edu.ua/d/kontakti

DENTSPLY

Certification of Participation to course Restoration technology

11/03/2017 – 11/03/2017

https://www.dentsplysirona.com/ru-ru/education.html

Apolonia

Certification of Participation to the course Aesthetic Dentistry

25/02/2017 – 26/02/2017

https://www.radlinsky.com.ua

Medvin

Certification of Participation to course Emergency respond to the patients suffers from post anesthetic reactions

09/02/2017 – 09/02/2017

https://www.medvin.kiev.ua/en/

DENTSPLY

Certification of Participation to the course Key moments for Endodontic treatment, with endomoto

21/01/2017 – 21/01/2017

https://www.dentsplysirona.com/ru-ru/education.html

CAMLOG

Certification of Participation to CAMLOG FOUNDATION CONGRESS

09/06/2016 – 11/06/2016

SIDO

Certification of Participation to Teamwork for Esthetics and Patient's Quality of life

11/03/2016 – 12/03/2016

VIA PIETRO GAGGIA,1 -, MILAN, Italy | WWW.SIDO.IT

ADF

Certification of Participation to ADF Annual Dental Meeting Digital R-Evolution Paris, France.

24/11/2015 – 28/11/2015

https://www.adfcongres.com/en/the-conference/registration-formalities

National Medical University O.O.Bogomolets (KYIV)

Diploma of Specialist with Honours in Dentistry

01/10/2010 – 23/06/2015

Peremohy Ave, 34,, Kyiv, Ukraine | https://nmu.ua

Field(s) of study: **DENTISTRY**

Final grade: **DIPLOMA WITH HONOURED**

Ukrainian Massage Federation

Diploma Classical Massage therapist

04/02/2012 – 04/02/2012

Kyiv, Konstantinovskaya street, 10, of. 24, kiev, Ukraine | http://massage.ua

Kyiv Professional College of Architecture, Construction and Management

Certificate of preparatory faculty for International students

30/12/2009 – 01/07/2010

street Stadium 2/10, kiev, Ukraine | http://www.kkbad.com.ua

Elmikarbordi University IRAN

English Teaching Major Bachelor Degree (MA)

16/04/2007 – 16/10/2009

Tehran Province, Tehran, Mehran, 16th St, Tehran, Iran

Shokouh Institute

Teaching Training course , Elementary level

2004 – 2007

IranZamin Blvd, Shahrakeh-e-Gharb, District 2, Tehran, Iran | https://ir.linkedin.com/company/shokouh-english-institute

Military Service

09/11/2002 – 08/07/2004

Shahid Beheshti High School

High school diploma

22/09/1996 – 10/06/2001

Tehran Province, Tehran, Jalal Al-Ahmad Highway, Kariman, Hajipour Amir, Tehran, Iran

Shahid lakzadeh

Three-years middle school

23/09/1993 – 21/05/1996

Tehran, Tehran Villa, Shahid Farzad Raiszadeh St., No. 79, Tehran, Iran

Mohades Elementary School

Certificate of completion of the 5-years elementary

23/09/1988 – 04/06/1993

LANGUAGE SKILLS

Mother tongue(s)

Persian

Other language(s)

	ENGLSIH	Russian	Ukrainian
Listening	●●●●○○ B2	●●●○○○ B1	●●○○○○ A2
Reading	●●●●○○ B2	●●●○○○ B1	●●○○○○ A2
Spoken interaction	●●●●○○ B2	●●●○○○ B1	●○○○○○ A1
Spoken production	●●●●○○ B2	●●●○○○ B1	●○○○○○ A1
Writing	●●●●○○ B2	●●●○○○ B1	●○○○○○ A1

DIGITAL SKILLS

Other

Microsoft Word
Microsoft Powerpoint
Microsoft Office
Zoom
Skype
Google Docs
Facebook
Google Drive
Microsoft Excel
Power Point
Twitter
Social Media
Internet user
Written and Verbal skills
Good listener and communicator
Organizational and planning skills
Team-work oriented
Decision-making
Analytical skills
Instagram
Motivated
Presenting
LinkedIn
Creativity
Gmail
WhatsApp
Critical thinking
Flexibility
Responsibility
Detail-Oriented
Excellent writing and verbal communication skills
Conflict resolution
Reliability
Empathic listener
Teamwork
Good time management
Research and analytical skills
flexible
positive thinking
Good Communication
leadership
Problem-solving
Ability to Work Under Pressure
Good at being proactive and efficient in high stress situations
Presentation and negotiation skills
Excellent organizational planning and solving problems in short time
Active listening
Efficient multi-tasking
curious
Friendly
Communications
Microsoft PowerPoint
Windows 10
Word

PUBLICATIONS

Periodontal Muscle Training Can Strength the Periodontal Support, Fit Your Teeth

2017 | https://www.walshmedicalmedia.com/author-profile/nima-sabzchamanara-343834 | DOI: 10.4172/2161-1122.1000406

Previous research on periodontal structure and function has shown a significant relationship between periodontal tissue and teeth. This study assessed dentist's beliefs about the relative efficacy of the health of periodontal tissue. A total of 505 patients in general pracrice were asked to respond to a list of 25 obligatory nourishment for a child while going to have the first teeth, for its effectiveness in dealing with patient's periodontal health especially include chewing hard food. They were also asked to select the three most effective nutrition for periodontal tissue. The imdices of patient perceived importance of the periodontal health were derived and each compared with actual effectiveness as determined from a sample of 250 patients.

Although the majority of patient's rated 18 of 25 nutrition as being very effective, there was no significant association between patient perceived nourishment effectiveness and actual effectiveness. The implications for patient training are discussed.

This study supported by only me and my supervisor Alla grigorivna demitrova.

Periodontal Muscle Training Can Strength the Periodontal Support, Fit Your Teeth

2018 | https://www.researchgate.net/publication/356362825_Periodontal_Muscle_Training_Can_Strength_the_Periodontal_Support_Fit_Your_Teeth

Previous research on periodontal structure and function has shown a significant relationship between periodontal tissue and teeth. This study assessed dentist's beliefs about the relative efficacy of the health of periodontal tissue. A total of 505 patients in general pracrice were asked to respond to a list of 25 obligatory nourishment for a child while going to have the first teeth, for its effectiveness in dealing with patient's periodontal health especially include chewing hard food. They were also asked to select the three most effective nutrition for periodontal tissue. The imdices of patient perceived importance of the periodontal health were derived and each compared with actual effectiveness as determined from a sample of 250 patients.

Although the majority of patient's rated 18 of 25 nutrition as being very effective, there was no significant association between patient perceived nourishment effectiveness and actual effectiveness. The implications for patient training are discussed.

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Periodontal Muscle Training Can Strength the Periodontal Support, Fit Your Teeth

2018 | https://econpapers.repec.org/article/adpoajojs/v_3a1_3ay_3a2018_3ai_3a3_3ap_3a47-48.htm

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Periodontal Muscle Training Can Strength the Periodontal Support, Fit Your Teeth

2016 | https://scientonline.org/abstract/21358/Periodontal-Muscle-Training-Can-Strength-the-Periodontal-Support,-Fit-Your-Teeth

Previous research on periodontal structure and function has shown a significant relationship between periodontal tissue and teeth. This study assessed dentist's beliefs about the relative efficacy of the health of periodontal tissue. A total of 505 patients in general pracrice were asked to respond to a list of 25 obligatory nourishment for a child while going to have the first teeth, for its effectiveness in dealing with patient's periodontal health especially include chewing hard food. They were also asked to select the three most effective nutrition for periodontal tissue. The imdices of patient perceived importance of the periodontal health were derived and each compared with actual effectiveness as determined from a sample of 250 patients.

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Periodontal Muscle Training Can Strength the Periodontal Support, Fit Your Teeth

2020 | https://www.openaccessjournals.com/articles/periodontal-muscle-training-can-strength-the-periodontal-support-feet-your-teeth.pdf

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Periodontal Muscle Training Can Strength the Periodontal Support, Fit Your Teeth

2020 | https://www.iomcworld.org/articles/periodontal-muscle-training-can-strength-the-periodontal-support-feet-your-teeth.pdf

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DRIVING LICENCE

🚗 B

CONFERENCES AND SEMINARS

Moderator at the 21st Annual world dental summit
26/02/2018 – 28/02/2018 | Paris - France

🔗 http://conferenceseries.com
Oral Presentation at the 21st Annual world dental summit
26/02/2018 – 28/02/2018 | Paris- France

🔗 http://conferenceseries.com/
Moderator at the 27th Euro Dentistry Congress
25/10/2018 – 27/10/2018 | Prague, Czech Republic.

🔗 http://conferenceseries.com/
Oral Presentation at the 27th Euro Dentistry Congress
25/10/2018 – 27/10/2018 | Prague, Czech Republic.

🔗 http://conferenceseries.com/
Best Poster award 27th Euro Dentistry Congress
25/10/2018 – 28/10/2018 | Prague, Czech Republic.

🔗 http://conferenceseries.com/
Moderator at the 23rd Word Annual Dental Summit
11/03/2019 – 12/03/2019 | Stockholm Sweden

http://conferenceseries.com/

Oral Presentation at the 23rd Word Annual Dental Summit

11/03/2019 – 12/03/2019 | Stockholm Sweden

http://conferenceseries.com/

CO - chair at 28th Euro Dentistry Congress

16/09/2019 – 17/09/2019 | Amsterdam Netherlands

http://conferenceseries.com/

Moderator at 28th Euro Dentistry Congress

16/09/2019 – 17/09/2019 | Amsterdam Netherlands

http://conferenceseries.com/

Oral Presentation at 28th Euro Dentistry Congress

16/09/2019 – 17/09/2019 | Amsterdam Netherlands

http://conferenceseries.com/

HOBBIES AND INTERESTS

Instagram, Facebook, Youtube, TikTok, Praying, Meditation, Reading, Audio books, Movies,..

About social Networks I learn new things about my work and in life style.

books are teachers, also I learn a lot.

Movies are also show somehow what is going to happen in the future.

https://linktr.ee/Dr.Nimasabz

HONOURS AND AWARDS

Diploma of Specialist with Honours in Dentistry

26/03/2015 | National Medical University

From the first year in university, I was dreaming to have honored Diploma, even I wrote down at the beginning of each notebook : I will be the best student in this university and will receive Honored Diploma.

RECOMMENDATIONS

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Head of the department Pediatric Dentistry National Medical University

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