To Whom It May Concern:

Abstract: Track 16

My name is Dr. Ganz Ferrance and the following is an abstract and summation of what will be discussed at the Physiotherapy and Yoga Conference in Chicago this October. It is my mission to enlighten participants on how to uncover how and why chronic pain, injury and the rehab process affect people on an emotional level. What do mindset, emotional health, happiness or depression and anxiety have to do with recovery from a physical injury? Answer: The correlation is direct. In this session you will learn how chronic pain, injury and the rehab process affect relationships with yourself and others and how these relationships serve to either help or hinder a person's recovery.
This session can be presented as a 60 to a 90 minute and a half key note or can be presented as a two to three hour workshop.

Abstract: Track Other

My name is Dr. Ganz Ferrance, learn how to recover from and protect yourself from vicarious traumatization when working with patients that are injured and or have chronic pain. Discover what you can do to stay healthy as a professional so you can be there and give your best for the people you serve.
This session can be presented as a 60 to a 90 minute and a half key note or can be presented as a two to three hour workshop.