Burnout: What has fuelled the flames and can it be contained?

‘Burnout’ is an increasingly discussed term both within the veterinary sector and beyond. There are growing concerns regrading its impact on individual health, contributing to the suicide rates of veterinary surgeons, internationally, being up to four times that of the general public (Nett et al 2015) and twice those of other clinical professions (Lovell & Lee 2013). The impact subsequently extends to the whole profession (in all clinical disciplines) creating issues with retention (Lilius, 2012) and patient care (Lee et al 2013, Nett et al 2015).
The article and presentation discuss the factors that contribute towards ‘burnout’ and what business and individuals can do to reduce it’s impact and prevalence.

References

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