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The Therapeutic Ladder - A Clinician and a Patient Perspective

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We shall discuss the therapeutic ladder and the treatment pathway and its importance to the patient, clinician and multi-disciplinary team, the health care provider and funder. Rarely is the point of entry and the number of steps for the patient examined and we shall show that the patient would rather have a shortened therapeutic ladder through original research and the benefits to the patient, clinician, health care provider and funder potentially saving healthcare costs in both time and treatments.

Changing the way we address the therapeutic ladder, shortening the patient pathway may give great benefits to healthcare systems, especially at a time of unprecedented demand, healthcare funders, the wider economy and the patient's overall long-term health outcomes.

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Dr. med. Tobias Bothmann has been Since November 2017 been Head of the Laser surgical department at Humboldt-Klinikum, Berlin. Since July 2014 a partner urologic outpatient clinic, UroBerlin
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Beth Israel Medical Center, New York City, USA
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Vaughan Daniels-Hepnar
Director of Clinical Education and Development
Since leaving college where I studied social health I have worked for over 20 years in health care, in the area of the use of energy based medical devices, LASERS, for medical applications and Laser physics and optimization in clinical settings. A particular focus has been on the clinical management and the establishment of new services in primary and secondary care, clinical research, trials and studies, development and execution of training programs and clinical education and the provision of professional training excellence to CPD / CME standards and have been accredited with the Continuing Professional Development Office – CPD Provider status and Provider of Training Excellence coupled with Health Economics and Outcomes, Value Based Health Care award.
I have published many clinical papers including a paper of the use of multi setting lasers under clinical review ISSN: 2059-0393 – 2016 and Men's PoWER – Pressure Wave Erectile Regeneration - Therapy: an Early Assessment. Urol Nephrol Open Access J 4(4): 00136. DOI: 10.15406/unoaj.2017.04.00136 along with other clinical papers available upon request.
I divide my time for work and pleasure between my homes in the United Kingdom and Spain and have an active interest in a clinic in Florida, United States of America

Aleksandra Kurek

Aleksandra Kurek is a Medical Aesthetician Practitioner with a broad knowledge in training, performing, and selling procedures. She is a Clinical Product Manager with in-depth experience in clinical trial support and market development. Her overall experience spans over 13 years. She is highly skilled in non-surgical aesthetic treatments and laser operations. Her experience in supervising clinical trials to ensure safety and strong outcomes.

She has proven experience in leading new accounts from start to commercial success. Her passion for training shows in designing and executing successful training programs. Also, she has working experience in major European markets with new product introductions, where amongst her responsibilities she led early adopter programs and KOL development. Aleksandra holds a bachelor's degree in Cosmetology, and she is based in London, England.

Jason Perelman

Jason Perelman, MD - Urology

Dr. Perelman is a community urologist interested in men's health, sexual function, and prostate problems and malignancies. He has also been active in treatment for urinary problems and kidney stones. He has an interest in cutting edge surgical technologies and been involved in studies for development and use of laser procedures. Originally from Southern California, Dr. Perelman studied medicine at Indiana University and trained for Urology at the University of Texas Health Science Centre in San Antonio. Dr. Perelman has been practicing in the community since 2003.