Biography.

I'm Dr Joel Logbo, CEO of Mahc Wellness Center, I grew up in Traditional herbal medicine home, my father was a Registered nurse and Herbalist, so he pass on the profession to me. I practice herbal medicine with him throughout my childhood. I later studied Chiropractic medicine (2016) after my college school and was licenceed to practice herbal medicine by Lagos State government in Nigeria(2015), was also a full registered member of Nigerian Councils of Physicians of Natural Medicine and finally obtained my First Degree in Naturopathy from National College of Natural Medicine (2018) Still single now at 33 years old, practicing herbal medicine and chiropractic medicine together and also lectures at Lagos State College of Health since 2016.

Abstract.

Traditional Herbal Medicine Answer To Stroke Prevention.

Overcoming The Menace Of Stroke

Though stroke has fallen from 3rd leading cause of death to 4th, it kills millions worldwide yearly and put other millions in devastating conditions. Major causes are cardiovascular diseases like hypertension. Other major cause is diabetes.

Due to the effects of stroke on it victims, is one of the health problem that involves family members more and also is expensive to manage because is usually a lifetime rehabilitation. The cost of all these might not be necessary if we can look a way of preventing stroke.

I have been doing that over 5 years with a herbal preparation I learned from my late dad, is is herbalist and a registered nurse. He normally give to hypertensive and diabetic patients to rule out stroke from the complications they will likely experience due to those ailments.

The herbal preparation can save the life of millions and can also boost herbal medicine economy.

If am opportuned, I will talk about the preparation more, and few testimonies about it, is just an extract of 4 herbs but is wonderful on how it works, even those with blood pressure reading 200/ 100mgh does not have stroke because they have consumed at least 2 50cl bottle of the preparation.