My name is Linda Huxtable. I'm a Naturopathic Doctor who has experienced my fair share of health challenges over the years. I've battled constipation and gut pain. I've endured extreme fatigue, headaches, and foggy thinking due to mercury poisoning. Every time I turned to the medical community for help, the answers weren't there. The only answer offered was how to treat the symptom, not how to deal with the underlying causes.

That began my 30-year journey to understand human health and the human body. I've studied with some of the most prominent naturopathic and holistic doctors in North America and Europe, including Dr. Dietrich Klinghardt of the American Academy of Neural Therapy, Dr. Jean Pierre Barral, Dr. Andreas Marx and Dr. Hal Huggins. For years, I ran a top innovative/ integrated clinic out of Atlanta where we provided health care services to hundreds of patients. And now, I want to help you achieve the health, vibrancy and vitality that you and your family deserve.

Linda Huxtable has been practicing holistic medicine for almost forty years, owning and operating a large, innovative integrated clinic which provided healthcare services and product to hundreds of patients prior to moving to Florida.

Education:

- Yale University
- Clayton School of Natural Healing
- The Rolf Institute
- Great Lakes College of Complementary Medicine (GLCCM)
- American Academy of Neural Therapy (Dr. Dietrich Klinghardt)
- German ND Andreas Marx (biological medicine)
- Dr. Gunter Enderlein (isopathic and homeopathic principles)
- Upledger Institute (Osteopathic Techniques), Dr. Jean Pierre Barral
- Visceral (organ) Manipulation

We participate in conferences and workshops that keep us current in this fast changing field, A4M (American Academy of Anti-Aging Medicine) conferences being one of our favorites.

A lot of what we do is centered around nutritional counseling: Linda offers

initial phone consults to determine how she might help. Based on the phone call and a Health Assessment Questionnaire, she usually follows up with another conversation, and recommendations. If the client doesn't have recent lab results, she will recommend a lab test from labs she has had relationships with for several years.

Linda brings her extensive training and experience with holistic healing to an integrated system that usually includes nutrition and energy medicine. The synergistic effect of these therapies is enhanced by her sincere and compassionate consideration of the whole person. The client's body, mind, and spirit are all addressed in developing individualized treatment plans.

Linda takes time to develop a loving, caring relationship with each client. One of her primary goals is to assist the client in defining, confronting, and alleviating health problems that may exist. Clients are given the support to assume responsibility for their own health, and guidance from Linda to help make choices which will result in optimum vitality and well-being. Relationships with professional grade suppliers like Xymogen, Quicksilver, Metagenics, Friedlander, Sovereign Laboratories, Rhein Labs, Spectracell, RGCC and several others make it possible to recommend the best options available for your health - and Linda is constantly doing research to make sure she's recommending the very best!