**Recognition and Management of Eating Disorders in General and Specialist Practice**

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Eating disorders are relatively common, affecting approximately 1% of the general population. Like many other psychological conditions, eating disorders are somewhat stigmatized in our society. Because of this, patients may be reluctant to discuss these disorders with their physician. Nonetheless, their clinical presentation could be noticed by an adequately trained clinician based on several fundamental and easily recognizable signs. Therefore, it is important for all physicians, despite their specialty, to have a basic knowledge of the diagnostic criteria surrounding eating disorders. For diseases like anorexia and bulimia, early detection is often key to effective treatment. That way, a multidisciplinary and holistic approach can be taken for the diagnosis and management of affected individuals.

The purpose of doing this study is to investigate the average U.S. physicians knowledge of eating disorders, diagnostic criteria, and current screening methods.

We have conducted self-answered questionnaires with physicians across multiple specialties in the United States and Poland. The questionnaire asks medical student level, basic questions about the clinical presentation of various eating disorders. It also assesses the physicians' knowledge of the current screening methods for eating disorders, and includes a simple survey to collect demographic information about the participant and their overall opinions about the screening, diagnosis and treatment of eating disorders.

We expect a majority of physicians to be fairly familiar with most aspects of eating disorders recognition and diagnosis, but there may be some lack of knowledge when it comes to the current, recommended screening methods.

*Eating Disorders, Anorexia Nervosa, Bulimia, Psychiatry*



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