Rls abstract

Restless legs syndrome (RLS), also known as Willis-Ecbum, is a common sensory motor neurological disorder. This disease, with an unpleasant sensation in the legs, burning and itchy, usually occurs at night. The need for movement and the unpleasant sensation of the legs improve with movement. In 20% of patients, symptoms can also include the arm and other parts of the body, which often occurs in the more severe type of the disease. Diagnosis is based on clinical symptoms.in this review article we We review home remedies for improving restless leg syndrome disorders in Iranian families by various universities. These treatments include the use of a warm water bag, foot massage with lavender oil and glycerine oil, and the use of herbal extracts of herbs Tea .

Biography



Zahra . alibabaei . masres student in genetic from Islamic azad university central tehran branch. My final thesis is about RLS in Iranian family.i study on molecular based on NGS .