Primary umbilical endometriosis: excision and neo-omphaloplasty

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Abstract

Introduction: Umbilical primary endometriosis is a rare condition that affects women of childbearing age. Spontaneous umbilical endometriosis presents lump in the navel, cyclic pain, discreet local bleeding during menstruation, with no history of previous surgery. The treatment is block excision of the lesion and umbilical cord with edges margin to avoid recurrence and immediate umbilical reconstruction.

Methods: We describe the surgical technique for circle excision of the umbilical endometrioma and neo-omphaloplasty in one stage. **Conclusion:** The possibility of umbilical endometriosis should be considered when the presence of nodules and umbilical bleeding, even without previous surgery. The surgical technique provides total remission of the lesion and an umbilical natural scar. effects which decrease quality of life.

Keywords: Endometriosis; Umbilicus; Rare diseases; Reconstructive surgical procedures.

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Biography

Roberto Sodré is Plastic Surgeon Full Member of the Brazilian Society of Plastic Surgery. Medical Residency: General e Plastic Surgery at the Hospital do Servidor Publico Municipal de São Paulo, 1992-1996. Honorable Mention: Georges Arie Award - Scientific Work: "Mastoplasty Chiari in L: Changes Tactics" in the Brazilian Society of Plastic Surgery, 2007

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