Abstract Template

Abstract Title: Why me? ACHIEVING SUCCESS THROUGH CHANGE/STRESS MANAGEMENT.

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Abstract (not more than 300 words)

"Why Me?" (What happened to the veteran Detective, that decided to end his own life?).

*Incarcerated by his peers
*Further Suicide attempt, while in his cell
*72-Court Ordered Commitment
*Clinically diagnosed with PTSD
*Adapting, overcoming obstacles and
*Achieving Success through Change/Stress Management

"On June 14, 2017, at approximately 3:51 am, I was found unresponsive, while seated in the driver's seat of my unmarked FWPD vehicle. The responding Officer knocked on the window of the car until I woke up and rolled the window down. The Officer asked was I okay and what was I doing in that area so late. I told the Officer that was heading to KREAGER PARK, and the Officer immediately asked me; "what for?" I informed the Officer that I was heading to the park to kill himself.

"To many individuals, their conflict with stress may seem futile. Through humor, sensitivity, and enlightenment, Stacey's lecture will inspire the attendees to think creatively and channel the negative energy.

Keywords: Mental Health, Psychotheropy, Stress Management, Change Management

Professional Biography (100-150 words)

•Stacey resides in Fort Wayne, Indiana, and has over 20 years of Law Enforcement (LEO) and teaching experience.
Law Enforcement experience:

•Homicide Detective
•Criminal Profiler
•Gang Unit Specialist Detective
•Hostage Negotiator
•Crisis Intervention Team (CIT) Officer
•School Resources Officer (SRO)
•Five years as a Special Agent with the DEPARTMENT OF HOMELAND (DHS)

Stacey is currently working as a Detective with the Fort Wayne (Indiana) Police Dept., Gang, and Violent Crimes Unit.

Teaching experience:
Stacey is an Adjunct Professor:

Education:

•Bachelor of Science degree; Criminology (Ball State University, 1994).

•Master's degree; Forensic Psychology (Walden University, 2012).

•Currently, a Ph.D. Candidate (Forensic Psychology), at Walden University

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