Curriculum Vita

Personal Information

Name	:	Mohammad Yousef S. Al-Bahar
Date of birth	:	27th of November 1983
Gender	:	Male

Contact Information

Mobile	:	(+965) 6679 1917
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Education

Major	:	Management Information System (Bachelor)
College	:	College of Business Administration – Kuwait University
GPA	:	3.16
Major GPA	:	3.55

Professional Certifications

- Diploma, Intermediate and advanced diploma
  The Chartered Insurance Institute (CII) – License 001490631E

- Certificate in IT for Insurance Professionals (CITIP)
  British Computer Society (BCS) – License 990163867 (April 2008)

Experience

Company name	:	Kuwait Direct Investment Promotion Authority (KDIPA)
Industry	:	Foreign Direct Investment
Division/ Dept.	:	Economical Studies Division – Studies & Project Evaluation Dept.
Title	:	Administrative Coordinator
Period	:	10/10/2010 – Present

Company name	:	Gulf Insurance Company
Industry	:	Insurance
Division/ Dept.	:	Claims Division – Property & Casualty Dept.
Title	:	Research & Development Officer
Period	:	03/06/2007 – 13/06/2010

Company name	:	Aayan Leasing & Investment Company
Industry	:	Leasing & Investment
Division/ Dept.	:	Personal Affairs Division – Human Resources Dept.
Title	:	Analyst of Selection & Recruitment
Period	:	03/05/2006 – 30/05/2007

Training

Subject	Period	Held by
SharePoint 2010: Enterprise Content Management (ECM)	Winter 2013	Qualitas
Claims Workshop	Fall 2009	Munich-Re (Jordan)
Risk Management Symposium	Summer 2008	National Insurance Academy (Pune)
Kogod's 2006 Case	Fall 2005	CBA – Kuwait University
Internship	Summer 2002	Burgan Bank
Computer Software courses	Summer 1998	New Horizon

Activities & Events

Title	Period	Organized by
Blue Circle Kuwait	Nov. 2012 - Present	Kuwait Diabetes Society
London International Youth Scientific Forum (LIYSF)	Summer 2006	Kuwait Foundation for the Advancement of Sciences (KFAS)

Languages

Language	Listening	Reading	Writing
Arabic	Advanced	Advanced	Advanced
English	Advanced	Advanced	Advanced

Diabetes Resume

Current Positions:

- **Founder and Project Manager of Diabetes Ambassadors Program (DAP)**

1. Diabetes Ambassadors Program was established in January 2014, that focuses on raising awareness about diabetes, insulin access, advocacy, laws and rights of people living with the condition, as well as groups sessions and self-management.

2. DAP was delivered in 24 entities, including schools, non-profit organizations, government and private sector.

- **Previous Vice President of Blue Circle KW Campaign**

1. Blue Circle is a campaign established in Feb. 2012, to increase awareness about diabetes, it is part of the YLD, IDF program. Have held many activities, events as well as TV and radio interviews to speak about diabetes and to increase awareness on how to be able to cope with it.

2. Managing Blue Circle official website development.

- **Young Leader in Diabetes**

1. Participated in the third Young Leaders Leadership Training program which was held in Vancouver, Canada in 2015 for five days before the IDF World Congress.

2. Was an invited speaker at the IDF World Diabetes Congress in Vancouver, Canada (Fall 2015), to talk about diabetes and discrimination in the MENA region.

3. A team member of YLD Constitution and By-Laws Task Force, the Constitution and By-Laws Task Force aims to give a clear organizational structure and guidelines for operation to the YLD.

4. Presented Kuwait as a Young Diabetes Ambassador in the Young Leaders in Diabetes program that is part of the IDF program, to increase awareness worldwide about diabetes.

1. Participated in the second Young Leaders Leadership Training program which was held in Melbourne, Australia in 2013 for four days before the IDF World Congress.

2. Attended World Diabetes Congress that was held in Melbourne, Australia in 2013.

- **Organizer and Team Leader in the First Future Camp for Diabetes**

  The camp was held from 15 to 17 of June 2014 for Young Men, organized by Kuwait Diabetes Society (KDS), Dasman Diabetes Institute and Blue Circle members, that included many sport activities, carbs counting as well as a presentation delivered to the participants regarding diabetes.

Other activities:

- **DAFNE** (Group 14) graduate.

- Established in 2011 a group on Facebook under the title: **International Friends with Diabetes**, that is dedicated to Diabetes, sharing stories, latest news and updates about diabetes treatments, technologies and applications available, videos and articles that talks about diabetes in collaboration with Diabetologists, Nutritionists and Diabetes Specialists.

- Established an account on Instagram under the username **The Diabetic Traveler**, that is dedicated to diabetes, including tips, information and my daily life with diabetes.

- Carried out diabetes focus group session in cooperation with Dr. Azza Shaltout, to help young adults cope along with diabetes, how to live a healthy and a productive life with the condition and to provide help and aid to them, to show them that there are many people out there that have the same condition, and that we can all share our thoughts, ideas and dreams, that diabetes is a condition that can be controlled and managed.

- A guest speaker during the EMEA Nurse symposium that was held in Vienna, Austria during Fall 2016, to talk about my life as a person living with diabetes for 31 years.