Title: The relationships between the male caregivers and the dependents persons

Introduction: Nowadays the male caregivers have increased due to the social changes and the fewer women available for to do this work. In addition, we must to have in mind that the caregiver´s work is, also, a relational work, but there is so few information about this relationships.

Objectives: To know the relationship´s characteristics between the men who take care of another dependents people in province of Seville and the city of Cadiz and the cared person.

Methodology: Qualitative methodology. Population: male family caregivers in the province of Seville and the city of Cadiz (Andalusia). Sample: 29 interviews. The units of analysis have been: family care, gender, health and masculinity. We have used QSR Nudist NVivo 10 for the qualitative analysis.

Outcome: between the male caregivers and the cared person there is a circular relationship and complementary dependence. So that the caregivers think they must always to be with the dependents person and there is an increased in the emotional blackmail. We have observed situation with a conflicts and, also, an excellent relationship. The caregivers say that the actual relationship dependents by the previous relationships. In their discussion we can know love, guilt and loneliness. When the caregiver is the partner is frequent a love relationship, but when the caregivers is the son is more frequent a relationship based in the confidence.

Conclusions: Relationship with the person cared for is marked by previous experience and usually shows situations of dependence and power in both directions.

Key Word: Family caregivers, relationship, Health.

Authors: Mª José Polvillo-Avilés*, Dolores Torres-Enamorado**, José Miguel Cruces-Jiménez*, Esperanza Ruiz-Arias**, Mª Teresa Brea-Ruiz*.

Institution: * Public Health Service in Andalusia, ** University of Seville.