Improving Post Miscarriage mother care at Hargeisa Group Hospital, Gyn ward Jan-March 2015.

Introduction

Since there was no any previous data of improving miscarriage mother care in Hargeisa Group Hospital or Somaliland in general, our aim was:

- Improve health care post miscarried mothers.
- To figure out the number and percentage women receiving post miscarriage counseling.
- To know how many miscarried mothers have got contraceptive method after miscarriage.

Spontaneous abortion, or miscarriage, is defined as a clinically recognized pregnancy loss before the 20th week of gestation. WHO estimates Around 44 million abortions occur each year in the world, with a little under half done unsafely. Miscarriage occurs in at least 15-20% of all recognized pregnancies

Methods

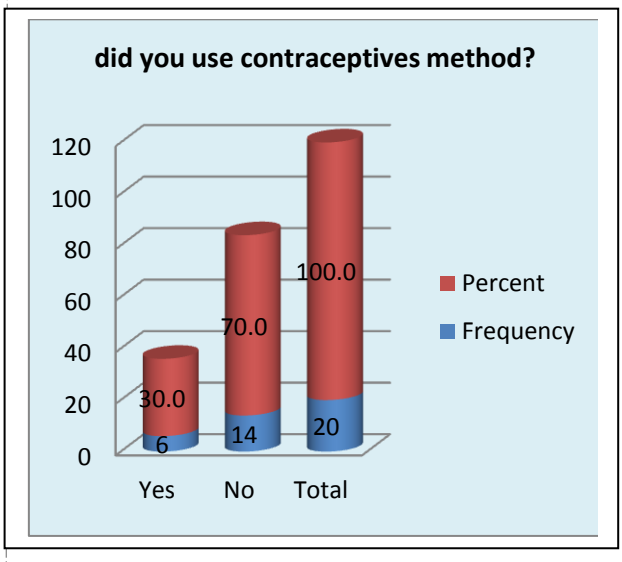
population size

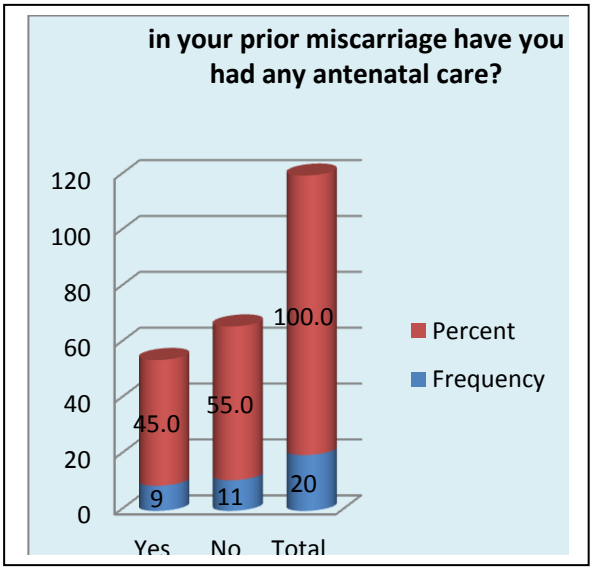
The population of the study in this clinical audit encompass of 20 women that we focused on miscarried mothers. The main methods of our project was included collection of data in the field and structural questionnaire.

We have used the RCOG Standard in post miscarried women

Criteria	Standard	Result
ANC visit	100%	45%
Contraceptive use	100%	30%
Counseling of miscarried mothers	100%	35%

Results





Conclusions

We realized that there are some baseline problems which include:

1. Antenatal care visit for pregnant women are very low at 45%.
2. Also post miscarriage counseling in health care sitting also very low at 30%.
3. contraceptive methods used at post miscarriage period at 35%

Recommendations

1.Antenatal care should be encouraged to all mother by health care workers.

2. Health care workers should promote using contraceptive methods and even for free.

3.Health care workers should provide counseling to patient having miscarriage.

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