The relationship between family functioning and resilience against substance use in male students at high risk high schools

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Abstract

***Objectives*:** The aim of the present study was to examine associations among several family functions and resilience against substance use in high school students.
Method: 145 high school students at risk for substance use participated in this correlational study. Family assessment device (FAD) and a researcher-made questionnaire were applied to assess variables. Data were analyzed by Pearson correlation and multiple regressions.
Results: This study revealed significant associations among family functions (problem-solving, communication, roles, control, emotional involvement and general function) and resilience against substance use. But emotional responsiveness was inconsistent with them. Results of multiple regression showed that the emotional involvement can Predict respectively 13% of the resilience against substance use variance ($p<0/0001$).
Conclusion: The more the family functions are healthy and favorable, the more probability that offspring becomes resilient in the face of substance use.

Key Words: *family functioning- high risk- resilience- substance use*

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