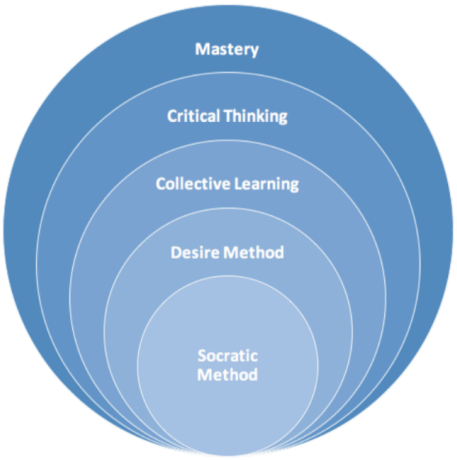
Training Nursing Staff: The Secrets and Soft Skills and the SWEET Model

Mardoche Sidor, MD, SWEET Institute, USA

Abstract (300 word limit)

Statement of the Problem: Lack of adequate training, and support on an ongoing basis for health professionals puts them at higher risk for burnout, for iatrogeny, and leads to decreased efficiency and effectiveness. This increases liabilities to the agency, reduces positive patient outcomes, and increases feelings of career dissatisfaction. The purpose of this workshop is to demonstrate how the use of the SWEET Institute Model, which is composed of the SWEET Paradigm, the SWEET Framework, and the SWEET Formula, is a powerful tool when training clinical staff. When implemented correctly, the SWEET Model can be transferred to a variety of topics. The SWEET Model has been shown to increase feelings of empowerment, decrease feelings of burnout, increase levels of productivity and increase overall levels of career satisfaction in clinicians of varying clinical backgrounds. In this workshop, we will explore the Why, How, and What of Training Nursing Staff. Workshop attendees will learn how to implement the SWEET Model, through the Socratic and Desire Methods, Collective Learning, the facilitation of Critical Thinking, and Mastery; and through a parallel experience of learning the principles, techniques, steps, and do's and don'ts of training Nursing Staff. Role-plays will enhance the experience and attendees will also learn the secrets of developing engaging and effective curriculum content.



Image

Recent Publications (minimum 5)

1. Sidor, M. (2018, March 2). How to effectively deal with inappropriate behaviors: The rule of 9. Retrieved from https://www.sweetinstitute.com/sweet-institute-blog-and-news/2018/3/2/how-to-effectively-deal-with-inappropriate-behaviors-the-rule-of-9.
2. Sidor, M. (2018, April 24). Preventing burnout: Self-care for clinicians and advocates. Retrieved from https://www.sweetinstitute.com/sweet-institute-blog-and-news/2018/3/23/preventing-burnout-self-care-for-clinicians-and-advocates-4-reasons-why.
3. Sidor, M. (2018, July 10). CBT and Cognitive Distortions: The first 3. Retrieved from https://www.sweetinstitute.com/sweet-institute-blog-and-news/2018/7/10/van6r9xvq39d3m3xn2v4jjo01dop43.
4. Sidor, M. (2018, August 22). Training your clinicians: 5 reasons why. Retrieved from https://www.sweetinstitute.com/sweet-institute-blog-and-news/2018/2/25/training-your-clinicians-5-reasons-why.



Dr. Sidor is a quadruple board certified psychiatrist, with board certifications in Psychiatry and Neurology (General Adult Psychiatry), Child and Adolescent, Addiction, and Forensic, Psychiatry. He has training in public and community psychiatry, psychopharmacology and Cognitive Behavioral Therapy. He also has training in Motivational Interviewing, psychodynamic psychotherapy, play therapy, and family and couples therapy. He has clinical, teaching, and supervision experience; he has mentorship, coaching, and management, skills; and he has experience as a primary care physician, in public speaking and writing. Dr. Sidor also has skills in leadership, research, program development and project management. His overall goal is to help all health professionals, throughout the United States and globally, access the tools they need to feel empowered to provide excellent patient care while also promoting their own self-care and burnout prevention. He is the CEO and main facilitator for the SWEET Institute, and he is an Assistant Professor of Psychiatry at Columbia University. Dr. Sidor was recently the Medical Director and Chief Medical Officer for CASES (Center for Alternative Sentencing and Employment Services) where he continues to provide psychiatric care. He speaks and writes fluently in four (4) languages—French, English, Spanish, and Creole, with intermediate proficiency in Portuguese and Italian.

Email: contact@sweetinstitute.com

Notes/Comments: