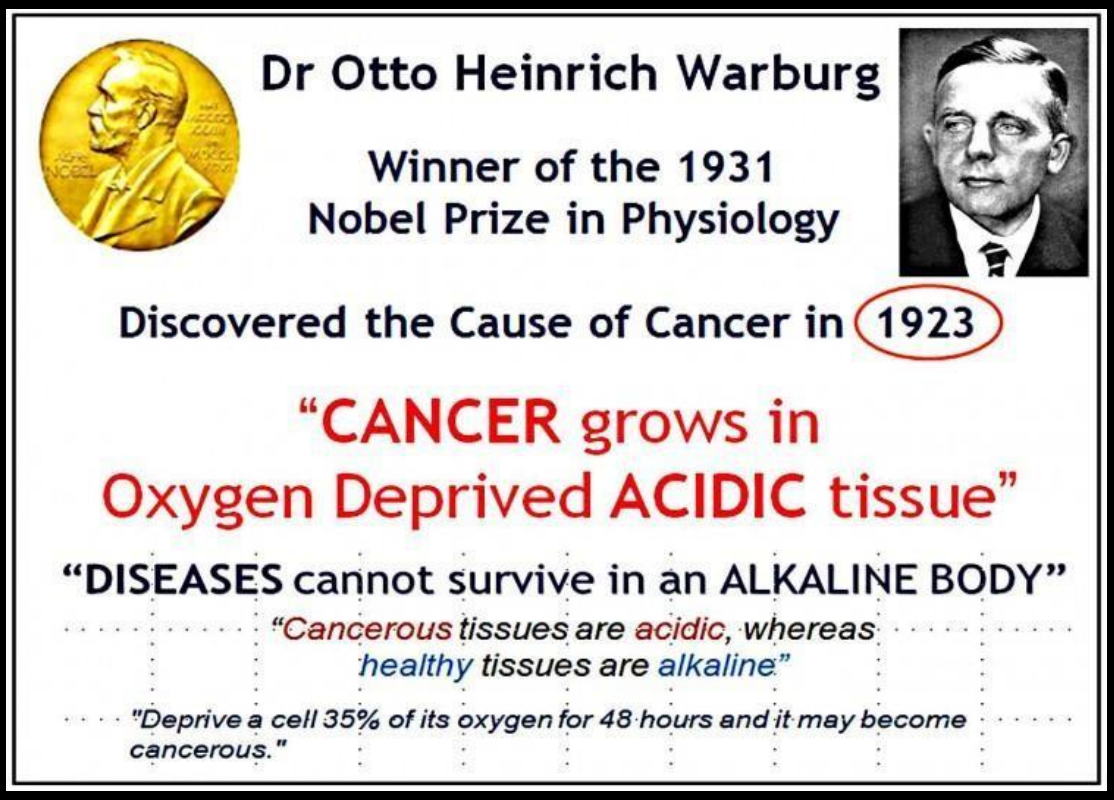
Alzheimer's Cure, The Drive Cure, in (Fe) Iron Will



, by the lack of initiative by force (Fe) Iron man lives. Iron deficiency causes anemia, anemia causes dementia, Alzheimer dementia and Alzheimer produces cognitive impairment in memory produces bases. Well hear him. The Iron Will Alkaline, the answer is Yes.



Here it is based .... Here it is to explain why the B complex, used for memory and vitamin C to iron absorption are those that must be used for this treatment for Alzheimer's patients.

Look, function here explained complex B. Now here it is explained that to improve concentration in the brain these vitamins is used. And it is to cure this disease with sufficient concentration to objectify the patient. (This is for the concentration).

The human body works based on the transformation of energy from food to their cells can fulfill diverse functions.

It is known that brain shrinkage occurs faster in people with MCI or Alzheimer's disease and that high levels of the amino acid hemocistina are linked to increased risk for these disorders. Researchers believe that B vitamins decreased the rate of brain atrophy by reducing homocysteine levels. People who had the highest levels of this acid were the main beneficiaries. Researchers at Oxford University have found that taking vitamin B tablets three daily delays brain shrinkage that occurs with age and cause early signs of dementia such as memory loss.

In one test two years, the vitamin supplement slowed the rate of brain atrophy in half in a group of elderly people, who had a brain shrinkage of more than 30 percent. After two years, brain scans showed that those who took the vitamins had less brain shrinkage -0.76 percent per year than those who received a placebo (1.08 percent) -a difference of 31 percent. A quarter of those who took the vitamins were the best performers, with a 53 percent reduction in the rate of brain shrinkage.

Collateral damage

The results are extremely promising, but we need more evidence to conclude whether these B vitamins in particular can reduce or prevent the development of Alzheimer's. The answer is yes.

Complex B must join, to make changes, concentration (Complex B, + alkalinization with iron and Vitamin C. This was taken from the University of Oxford study.Oxygen deficiency in the bloodIt causes fatigue, weakness and headaches. The B complex vitamins several groups, some of

which directly affect the functioning of the blood system and therefore help increase red blood cells. And vitamin C helps absorb iron in the blood.

Name (s:

Joan Manuel Rodríguez Núñez, Author.

Country Nationality: Dominican Republic, Moca, Espaillat.

Postal code: 56000.

809-578-4839., Phone.

. The symptoms are used to look for a alteration of the organism That Makes clear the existence of an illness and serves to determine His nature, the illness of Alzheimer neurodegenerative and for it is the person WHO Endures Loses it progressively different functions. The most frequent symptoms Are the Following ones: Remove on what to put it away Goes Here with Essentials, They are produced for:

- progressive loss of memory. INITIALLY oversights related Appear what just happened or Important Dates. It's easy toThey forget common things, have a high, as small change of direction. TheDisorientation It is characteristic of Alzheimer temporal and spatial Both. For example, the person MayHave disorientated in a place you know or not remember what day it is. estos

Important Because They are changes decrease the social life of the person and autonomy. Herein it is to be taken Certain Directives of life When a person is born, I have perceived Their worlds, but more Importance When You give to things of less value Loses ITS Approaches objective.

- The people are Forgetting Their languages, but it is for Their Disorientation habitat. People with Alzheimer start Having Difficulties in oral expression. The sentences are shorter, but They are for TheirDisorientation complex objectivities., but being or person perceives the simplicities of mere things and an increasingly poor vocabulary. They also have difficulty finding the word to express They Want. Also understanding is difficult, so it will be increasingly difficult as reading a book or follow the plot of a movie.
- Mood alteration. Some of the symptoms are sadness That Appear, insecurity,indecision, Irritability or social awkwardness. Also it is the characteristicdisinterest Carried out activities for the person before. What is this all about:

- Antonyms of Antipathy: Service, work, activity.

Synonyms: **Antipathy: Fun and selflessness. Impairs cognitive or neural areas of the brain Caused by the long Idleness by every word of Obtaining Objectivity. Which sports a lifetime, Gives discouragement, disinterest,**dizziness, faintness, dizziness, syncope, Faint, collapse, disorientation {f},bewilderment,confusion ., Ie lack of occupation or management. With a disappointment, disinterest, Pluralism, disorientation, diversity, distrust, lack of commitment, etc. ...

Some studies in the United States Said That Apathy deteriorates the brain in older adults. Let's look:

If you feel the apathy, boredom and indifference comes into your life, beware! Apathy is coming into your life and can cause brain problems later.Apathy is a term used in the field of psychology and Expressed as it Relates to a mood in Which shows an Individual or Reflects a lack of emotion, motivation or enthusiasm for events or people in Their everyday environment.

ACCORDING to a study by the National Institutes of Health in Bethesda, United States, MayApathy signal brain problems in older adults. "

Researchers detail That apathy is an indicator That the brain shrinks faster than usual When you start the aging process, favors the development of other diseases as Parkinson Which's or Such stroke.

Even, According to information published in Livesciense, many brain diseases Develop a person shows symptoms before, Lenore J. Launer says, Neuroepidemiology chief at the National Institutes of Health (NIH) in Bethesda.

How much gray and white matter Have you?

In the research presented in the journal Neurology, the authors Explain That gray matter is associated With memory, emotion and conscious thought, with the aim of Perceiving sensory information. Meanwhile, white matter and brain regions Allows Communication between Connects them. Meanwhile, Apathy is Characterized by the lack of emotion,loss of interest activities, energy reduction Y preference for staying home Instead of socializing.

This is another investigation, but This was done in Mexico: Note this was taken from your investigation.

A That Is Often Observed trend in modern society is the lack of staff motivation, to Which Has Been called Apathy, the incidence of Which extends to the MOST diverse fields and at different life stages (Messing, 2009).

Etymologically, the term "Apathy" is derived from the Latin Apathia, and the Greek, meaning "absence of passions, emotions, feelings or illness" (Royal Spanish Academy, 2001). THUS Apathy is defined as impassive courage and carelessness, laziness, lack of vigor or energy (Abbagnano, 2004).

This was His study:

Table 1. What activity you noticed That inflicts more apathy?

CATEGORIES OF RESPONSES

MEN AND ANSWERS women, According trades.

school activities (Men).

To write; study; homework; read; do jobs; go to school; math homework; perform activities; eating to school; work training; do the same in Spanish; mathematics; civic training class; Geography class; history class; chemistry, Inglés; sciences.

(Women).

Homework; go to school; to write; to draw; mathematics; physics class; orientation class; science; lessons, Inglés; arts class; civic and ethical formation.

housework (Female).

Help in my house; wake up early; pick up my room; make the beds; do my homework; go to the store; Wash dishes; to look after my brother; Wash dishes; make my bed; fix my house.

Help at home; Wash dishes; wake up early; pick up my room; sweep; eat; pick up my house; do homework; laundry; ear as my pets; be at home; clean up the kitchen; take my dog to the park; go to the store.

Leisure (Apathy) (Men's)

Being alone without games; do nothing; travel; Sleep late; without leaving; use technologies; watch TV; sitting all day; be with family.

Do nothing; watch TV; play with the

computer.Physical movements (Men).

Run; basketball or football play; sports or athletics; physical exercise. Exercise; run; walk; football; play volleyball; physical education.

What else causes them Apathy is writing, doing homework, going to school, studying mathematics, Inglés and science, help at home, wash dishes, getting up early, pick up your room, stay at home, do homework, go to the store, doing nothing, watching TV, running and playing soccer. About What They MOST unmotivated in life, grouped into categories the answers Were of school work, sickness and death, disappointment, housework, physical activity, aggression, leisure, injustice, family life, frustration and insecurity. Agree That what discourages them MOST is the task, fights with friends, disease, do not support them, chores, sports, family problems, failure, something goes wrong, not being able to do what I want, not someone in the life and criticism of society. Idea. In This regard, authors like Negrete and Leyva (2013) and Valdez and Aguilar (2014) This social phenomenon Suggest That May be due to Several factors, Such as lack of job opportunities, limited access to education,the lack of financial resources (adults, mainly)Personal dissatisfaction, insecurity and loss of sense of life of adolescents. Cosentino (2010) states Apathy That is the result of not feeling personnel of the level of knowledge Having required to face a challenge, or Perceive not right challenges. Hernandez (2003) and Silva (2008) as disinterest to Recognize Causing Widespread problems to Develop a future draft staff or family life and the annoying feeling of living in a continuous and repetitive present. Messing (2009) That adds psycho-socio-the culture Trend in Which the effort has fallen into disrepute to yield the ObservedSimpler, leaving less space for staff and professional development.

In other words, and can Understand it well, the person has little listless own initiative for activities and Also shows a decrease in Their feelings and emotions.
Apathy can be Considered a clinical syndrome with own criteria Usually there are other diseases That Means it in the patient.
Often Patients With Alzheimer's disease, Parkinson, schizophrenia, Brain trauma or depression Cerebrovascular accidents May Have apathy.

Lack ofIron blood, is produced by its.

1-When the muscle is deprived of oxygen (Which used to generate energy) you notice it in the form of fatigue and are able to verify Also That your strength has Decreased Significantly in a short time.

2- Your working nerve cells Including number of chemicals called neurotransmitters to passing, particles act as messengers going from one neuron to another.

3. When there are low levels of iron, it Affects the Way in Which These chemicals are sent and received by the neurons, And This Affects especially on a type of neurotransmitter dopamine, Whose power to influence Certain parts of your brain plummets.
As a result, a state of anxiety and irritability Appears characteristic.

4- Do you feel sad?
As We Have Seen, iron is Involved in the metabolism of some neurotransmitters Involved in mood. However, the feeling of irritability is not the only one That Appears for This kind of imbalances. In fact, chronic anemia can even Increase the risk of depression.

5- does it hurt your head?
This is one of the first symptoms People Who Have Appear Usually sustained anemia. Also it OCCURS from lack of oxygen in the blood That Reaches the brain.

This is in a US study Said, reportedly, supposedly, supposedly, iron That is Toxic, Let's see an example. Clean the "rust" Might be a way to slow or even brain Prevent Alzheimer's, Researchers say. The finding Identifiesiron as a driver of degenerative disease potential.
Previous research They long as Alzheimer's linked to an accumulation of fragments of amyloid protein in the brain normally decompose That in healthy brains. But to treat Alzheimer's disease by using drugs That you reduce levels of amyloid Have so far failed, leading to speculation That something else is driving the disease."Oxidation seen in iron metal oxidation reaction is the same OCCURS in the brain".
New research, published in the journal Brain, iron Suggests That Could be the culprit. Iron has a special property That Allows you to exchange electrons, Which is crucial to allow our bodies generate energy from fuels: such as oxygen and sugars. But Also it can damage neurons in the same way That the iron metal is oxidized in the presence of oxygen.
The Researchers used MRI techniques to measure iron levels in the brain. They found That People with high levels of iron in combination With high levels of amyloid experienced a rapid cognitive decline, but That People with high levels of amyloid but low levels of iron in the brain, Remained stable.
They will conduct a five-year trial to test an anti-iron can slow the medication Whether progression of Alzheimer's, Which would be a breakthrough in the search for a treatment.
"Given the data from our study, it seems,, reasonable to hypothesize That the decrease of iron in the brain May slow the progression of the disease, but we can only know by testing, Which is what we do now," says lead. the researcher Scott Ayton, based on the Florey Neuroscience Institute and the University of Melbourne.

This is false, by the fact That the cause of Alzheimer's is anemia, anemia is the cause of disaffection or disinterest of man. Let's look:

TUESDAY, July 13 (HealthDay News / HolaDoctor) - The findings of a recent study Alzheimer's disease Suggest That May be Linked to an Increased risk of anemia. Lack of iron in the blood is a very common problem and may even be the cause Among women of many symptoms thought to be a result of stress.

Australian Researchers Analyzed hemoglobin, iron and other Measures blood of 211 Alzheimer's Patients, 133 People with mild cognitive impairment and 768 healthy people. They Compared With Memory tests These measurements long and short term, and cognitive abilities of participants.

The Researchers found That Compared With healthy people, Alzheimer's Patients Significantly lower levels of ADH hemoglobin, mean hemoglobin concentration and hematocrit cells. Alzheimer's Patients Also Showed Significantly higher erythrocyte sedimentation rate, a possible sign of anemia.

Participants With anemia Were 2.56 times more likely to Have Alzheimer's disease, while Those With Alzheimer's disease Were 2.61 times more likely to be anemic, According to the Researchers NOTED in a press release of the Association of Alzheimer's Disease (Alzheimer's Association).

"In our population, we found That Patients With Alzheimer's disease Were more likely to be anemic, and This was not Explained by deficiency of iron in the diet. This Suggests That hemoglobin production is deficient in Alzheimer's patients" I Said in a press release Noel faux, Research Institute on Mental Health Parkville, Australia.

"Alzheimer's has not Previously Been Recognized as a risk factor for anemia, a common clinical problem for elderly people Who Can Contribute to problems. Such as heart and kidney failure The cause of anemia in Alzheimer's remains uncertain, but we speculate it is a disease That Affects the brain and the blood. We are currently investigating this intriguing Possibility, "Faux said.

The study on Wednesday due in the International Conference on Alzheimer's Disease Alzheimer's Association in Honolulu.

Let's look at another study:

anemia It could be one of the indicators That a person has a high risk of developing dementia, According to a New Study published in the journal *Neurology* , The American Academy of Neurology.

"I've Been studying Alzheimer's disease for a long time (...) I Particularly interested in the things you can change: cardiovascular disease, sleep, physical activity.

Another one:

In recent years the concept of DCL Have Gained in scientific research in Importance Because it is Considered That, if detected early, can intervene and slow the rate of professionals deterioration and even The most optimistic believe That stop him.

No wonder That one day every other news will relocate Also research seeking to determine the factors That Increase the Risk of DCL. The last of These Attempts corresponds to German Researchers recently published research in the journal WHO Where a possible link Between anemia and mild cognitive impairment are Suggested. The Researchers found That Among People with anemia, defined as hemoglobin less than 13 g / dl in men and less than 12 g / dl in women, the DCL was almost twice as common in people Who Did not have this condition.

Another one:

Anemia Could be a sign of an Increased risk of dementia, According to a New Study published in Neurobiology, the journal of the American Academy of Neurology.

"I've Been studying Alzheimer many years," Dr. Kristine Yaffe says study leader and researcher at the University of California. "I am interested in the things you can change Particularly. Cardiovascular disease, sleep, physical activity We Have Conducted many studies and we Began to discuss the issue of anemia ... That after seeing rudimentary studies linked to dementia," I added.

The basics

Anemia is a condition whereby your red blood cells do not carry enough oxygen to the body. In most cases, anemia is Caused by a lack of iron.

Anemia can result in extreme fatigue. Lack of blood is the MOST common cause symptoms and causes short or long term, Which can range from mild to severe.

"Anemia is common in older people: up to 23% of adults aged 65 and older suffer," says Yaffe. "The condition has Also Been Associated With An Increased risk of early death," I say.

The study:

The research Monitored About 2,500 participants over 70 years WHO Were When in 1997 Began collecting the data. Initially, They tested for anemia and cognitive functions They Were. Then They Were Monitored for the next decade.

Researchers found the That Those Who Suffered from anemia at baseline had a 41% higher risk of developing dementia Those Who Were not than anemic. Considering the relationship Remained after other factors: such as age, race, sex and education.

"There are Several Explanations for why anemia May be linked to dementia," says Yaffe. "For example, anemia can be a sign of poor overall health. It has-been shown That the reduction of oxygen to the brain and cognitive skills can you reduce memory and Contribute to the damage of neurons," I add.

However, Dr. David Knopman, consultant in neurology at the Mayo Clinic, Urges caution. "This study does not causal link Between anemia and dementia Demonstrate to. Only shows an association," I said.

The analysis

The study authors admit That "With the Mechanisms linking anemia dementia are not Clearly understandable" but four scenarios Discussed in the past and Proposed:

1. Chronic cerebral hypoxia (not getting enough oxygen) Associated With Anemia May Contribute to the risk of dementia. Anemia Associated With Disease Has Been progression white matter in older adults With high blood pressure.

2. Anemia chronic renal failure Caused by May be Associated With dementia. Erythropoietin receptors That Regulate the production of red blood cells, appear to have a protective effect on the brain. The kidney problems erythropoietin levels decrease.

3. Micronutrient deficiency anemia, iron and vitamin B12 Such as, Also May Be Associated With Cognitive impairment and dementia. Lack of iron causes cerebral hypoxia and cognitive Could failures.

4. It is possible Also That anemia is a sign of poor health. Other studies Have Shown That Often dementia is associated with Health-related outcomes.

Yaffe promises to investigate the underlying mechanism linking anemia and dementia.

"I think it's probably a lack of oxygen in the brain, "I says.

Iron deficiency causes These symptoms, many of Which are found in MOST diseases, and especially fatigue., Ie, listlessness.

fatigue

If you ever feel exhausted but can not find explanation for your fatigue test Increase the intake of iron-rich foods or take a supplement of esta mineral.

pallor

They are red blood cells give the skin STI That pink hue. Iron deficiency and consequent reduction of hemoglobin can be, Therefore, in skin discoloration and roof of the mouth.

Lack of concentration

The synthesis of neurotransmitters in the brain can be AFFECTED Also by a reduction in iron levels being THEREFORE Difficult to Maintain the concentration. In some cases, it Also Develops a feeling of constant apathy.

difficulty breathing

Iron deficiency is synonymous With fewer red blood cells, ie less "carriers" of oxygen through the body. The reaction of the body will try to THEREFORE Increase breathing to absorb more oxygen. As you breathe faster and more Often Have The Feeling That You're not breathing enough oxygen to every inspiration.

heart palpitations

The principle of esta symptom is the same as difficulty in breathing. By Having fewer red blood cells and less oxygen to the tissues, the body not only as the speed Increases breathing heartbeat for more blood to tissues and organs of pump to receive the oxygen They need.

Heart and brain healthy, look, please. Iron vitamin C does not produce beta-amyloid.

With a healthy liver iron and vitamin C, we would have a healthy heart and a healthy brain. The liver is the main organ With more than 500 functions, the liver is MOST Have an iron. Whole blood leaving the stomach and intestines to the liver happens. The liver, decomposes and balances esta blood, nutrients and metabolizes Also Creates drugs the body can use That RESULTING without poisonous. There are more than 500 vital functions of the liver. Liver, heart and brain healthy. If the liver is damaged as a Consequence's take damage in the heart and brain.

Look: Taking vitamin C with iron would not Have Beta-Amyloid.

Scientists at Lund University in Sweden found That Have vitamin C is able to dissolve the poisonous protein That causes the onset of Alzheimer's in the brain. Biological Chemistry published in the Journal of progress'.

The Brains of People with Alzheimer amyloid plaques called piles presents, Consisting of a conglomerate of another protein, beta-amyloid Known as. These plaques cause the death of nerve cells in the

brain and the first nerves are That Attacked They are the center of memory.

When treating brain tissue of mice With Alzheimer vitamin C, Could See That the poisonous protein was dissolving "Said Katrin Mani, expert in Molecular Medicine, University of Lund. Our results Demonstrate be a model formerly known as vitamin C adores amyloid badges" I says .