

Title: Management of post-acne scarring.

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Correcting post-acne scarring is a difficult and challenging task. A variety of therapeutic techniques may reduce the the prominence of scars, yet none can remove the scars completely. A multi-modalities approach provides a superior outcomes than a solo treatment. Most often repeated treatments are necessary before adequate improvement is achieved. The treatment plan is designed according to the type and degree of scarring, skin color, patient preference and the potential side effects.

Therapeutic modalities serve a different needs, that is, resurfacing, tightening, volumization, or surgical removal of a defective tissue. Up-to-date, there is insufficient evidence to support any specific intervention as the first-line therapy, nor there is any guidelines on combination therapies for different clinical situations. Overall, high-quality data is lacking.

Post-acne scarring is coming more manageable with the availability of the modern treatment options. A review of treatment options and approach to various type of scarring is discussed here. The presented data is based upon a review of the available evidence at the moment.

Biography

Dr. Anwar Al-Ramthan is a graduate of Faculty of Medicine of University of Kuwait. She obtained her post-graduate certificate in dermatology from the Royal College of Physician of United Kingdom. Dr. Alramthan is European Board Certified Dermatologist.

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