Abstract

According to the modern medicine acne and psoriasis are dermatology conditions characterized by the presence of highly lesions that most often on the face and neck but also develops on chest, back, upper arms and shoulders.

I believe that the main reason of causing (acne and psoriasis) is not in the skin and generally raising acne and psoriasis differs according to the people's nature.

according to the modern medicine acne and psoriasis are called disease, but as I believe acne and psoriasis are not diseases.

Again according to the modern medicine acne and psoriasis can be caused by environmental and genetic factors, inflammation and infection. I believe that environmental and inflammation are not the main and base reasons but the main reason is temperament malfunction.

*According to the modern medicine types of acne lesions are:

-Open come done (black heads)

-closed come done (white heads)

-nodules, papules, cysts, pustules

*Different types of psoriasis:

-plaque psoriasis

-flexural psoriasis

-pustular psoriasis

-nail psoriasis

-psoriatic arthritis

-erythroderma psoriasis

In my opinion different types of acne and psoriasis are in direct relation with different person's nature and temperament malfunction.

-According to the modern medicine and laboratory tests decrease in

*vitamins A & E

*zinc

*lipoid Acid and T- cell can cause acne and psoriasis.

I believe that there are no direct relations between upper factors and acne and psoriasis and these factors are the lesions of temperament malfunction in different people. although laboratory tests are not the same for all the people (they doesn't show the same consequences in different natures of body)

***Conclusions**

-In my opinion:

- acne and psoriasis are not disease.

-this pain is caused by person's temperament malfunction.

-acne and psoriasis are a kind of pain.

-the main reason is not the skin.

-age and sex are not in direct relation with this disease.

-curing the signs of disease (sign treatment) and self-therapy can cause severe disease like: diabetes and cancer and…. in long time.

-we can prevent 10% to 50% of these severe diseases with improvement of the malfunction and by removing temperament malfunction.

-we cannot prescribe a unique prescription for all the people.

-all diseases are rooted in one phenomenon, malfunction of temperament (nature of the body). the process of a disease development is as follows:

1-malfunction of the temperament starts.

2-the malfunction of the nature leads to pains and some other problems in the body (itching, body pain, anxiety, backache, headache, stomach ache, exclamation, depression, face pimples and acne and psoriasis)

3-superficial treatment, non-basic curing, sign treatment and self-treatment are the major reasons of creation of difficult to treat illnesses in long term (diabetes, Alzheimer, Parkinson, corner blockage (artery), gallbladder stone,)

Therefore, on time diagnosis and temperament modification makes it possible to prevent difficult to treat diseases.

-with a group work by merging the modern and traditional medicine with improving the malfunction of body we can prevent severe disease.

Truly yours

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