Ayurvedic Management of Oral Carcinoma: A Case Study

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Abstract (300 word limit)

Introduction

Cancer that forms in epithelial tissues of the oral cavity or the oropharynx is called as Oral Carcinoma. In India, 20 per 100000 populations are affected by oral cancer which accounts for about 30% of all types of cancer. Ayurveda is ancient medical science which have store of information about various diseases and its medicine including Cancer.

Aims & Objects- To discuss the role of Ayurvedic Treatment in Oral Carcinoma by case study

Method & Material

A treated case study of Oral Carcinoma presented in Cancer Treatment & Consultation Unit, National Institute of Ayurveda Jaipur.

Result

A 65 years normotensive, non-diabetic patient presented in Cancer Treatment & Consultation Unit, National Institute of Ayurveda Jaipur, with complaint of Ulcerative non-healing wound on Right side of anterior part of Tongue since 1 year. Biopsy shows moderately differentiated Squamous Cell Carcinoma. Meanwhile Patient was advised for conventional therapy, but she has refused. Hence after thoroughly examination, patient was treated with *Arbudhar Quath* (NIA Proprietary), *Raktaprasadak Hima (NIA Proprietary), Kaharava Pishti, Jaharamohara Pishti , Mukta Pishti* and *Suwarn Makshik Bhasma* with *Drakshavalha, Kanchanrar Guggul, Yashtimadhu Phant* (for gargle) and *Jatyadi Ghrit* (for local application). After 2 month of treatment patient had got relief in lesion significantly.

Conclusion

Ayurveda have potency to gives relief to Oral Carcinoma significantly without using conventional therapy.

Image

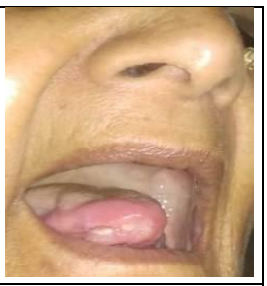
Size of Heterogeneous Mass on Tongue Before and After Treatment



Ca. Tongue 1. Before Treatment



Ca. Tongue 2. A/t First follow-up



Ca. Tongue 3. A/t Second follow-up

Recent Publications (minimum 5)

1. Dr. Sharad Porte (2014) Ayurvedic Concept of addiction, withdrawal & its solution. International Journal of Pharmacology and Toxicology 2/2 : 40 – 45.
2. Dr. Rashmi Saini, Dr. Sharad Porte, (2016) Ayurvedic Aspect of Endometrial Carcinoma and Its Ayurvedic Management, IJRAP 7/1:20 – 25.
3. Monika Sharma and Sharad Porte, (2016) Role of Ayurvedain Management of Leukemia (Raktarbuda), *IJPSR, 7/2: 520 – 530.*
4. **Dr. Sanchit Jain, Dr. Sharad M Porte** (2016), Ayurvedic protocol for prevention and management of chronic toxicity of chemotherapy, I**nternational Journal of Medical and Health Research 3/7:87 – 93.**
5. **Dr. Sanchit Jain, Dr. Sharad M Porte** (2016), Prevention and Cure of Chemo-Radiotherapy Induced Toxicity through Ayurveda, **Int J Ayu Pharm Chem, 9/1:71 – 97.**
6. **Monika Sharma, Sharad Porte (2019),** In Vivo Anti-Cancer Activity of Ayurvedic Copmpound wsr to Leukemia,7: 20 – 27.

Photograph



Biography (150 word limit)

Dr. Sharad Maroti Porte has his expertise in Cancer Treatment & Therapy through Ayurveda (Herbal). He is working as an Assistant & Associate Professor since 13 years in the field of Ayurveda (UG & PG). he is also Supervisor and Co- Supervisor of 19 Research Works of M.D. (Ayu) Scholar and out of which 13 Research Works has completed successfully.

His Research is focused on Cancer Therapy in Ayurveda and Drugs Addictions. 40 Research Article has published in National / International Peer Review, Index Medical Journal especially on Cancer and Drugs Addictions.

Along with Research on Cancer, he is here working as **Physician & In charge in Cancer Consultation and Treatment Unit, National Institute of Ayurveda Jaipur.**

Research Interest: Anti Cancer Drugs and Cancer Therapy in Ayurveda.

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Notes/Comments: