TREATMENT OF SKIN INJURY WITH MEDICINAL PLANTS ASSOCIATED WITH A COMMERCIAL COMPOUND OF RED FRUIT FLOUR

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Abstrat

Experimental research, case study, of a descriptive nature, which sought to evaluate the effectiveness of four medicinal plants associated with a commercial product based on red fruits flour. The research subject was an 81-year-old housewife, without comorbidities, who does not use any medication and who carries out her daily tasks normally, whether at home or at social events. From a common mosquito bite on the lateral aspect of the ankle of the right foot, an inflammatory process began that gradually began to interfere negatively in this lady's quality of life, as the wound turned into a painful skin ulcer, itching and purulent discharge due to inflammation. After 1 year and a half of medical treatment using ointments, creams and oral anti-inflammatory drugs, the inflammatory process did not improve. Allopathic drugs were discontinue. It was decide to switch to an alternative treatment by Naturopathy, associating *Arctostaphylos uva-ursi*, *Tecoma impetiginosa, Equisetum arvense* and *Cayaponia tayuya* plants in tea for external use and *Aloe vera* associated with the product Nutrox^{R}, which is a flour of the following fruits red: grapes, beets, tomatoes, apples, carrots, lemons, açaí, parsley, plums and ginger. The protocol indicated: wash the wound twice a day with the tea of the four medicinal plants in the proportion of one teaspoon to 500 ml of water. After washing, application of aloe vera gum with a teaspoon of Nutrox^{R} product, which was also ingested a teaspoon dissolved in half a glass of water, twice a day. After one month of treatment, the ulcerative inflammatory process dried up completely, as shown in photographs 1 to 4. The effectiveness of the protocol adopted in the healing of the skin lesion can be observed.

Images



Fig 1 = Day 1 Start



Fig 2 = After 1 Week



Fig 3 = After 2 Weeks



Fig 4 = After a mouth

Recent Publications

1.Mahan, L. K., Scott S. (2008) Food, Nutrition, and Diet Therapy. 97-8080-89229-71
2. Balch, J, Balch P (1995) Prescription for Natritional Healing. 85-7001-997-1
3.Jonas, B. W., Levin, J. S. (2001) Essential of Complementary and Alternative Medicine. 85-204-1016-2
4.Balbach, A., Boarim, D. (1997) Fruits in Natural Medicine. 615-32
5.Moura, J. G. P. (2006) Nutrientes e Terapêutica.



Biography

- Fábio Pimentel: He holds a Bachelor's Degree in Physical Education. Postgraduate Diploma in Acupuncture; Traditional Medicine in Scientific Naturopathy; Post-graduation in Scientific Clinical Naturopathy; Master's in Education. Professor at the University of Santa Cruz do Sul/RS/Brazil in the Higher Course in Technology in Aesthetics and Cosmetics. Professional experience and teaching in the area of Physical Education in Integrative and Complementary Naturopathy. More than 35 years dedicated to Naturopathy.



- João Henrique Vidal Gois: Naturopathy student, entrepreneur in natural products trade