

Title: The importance of Myofunctional Therapy in the treatment of stomatognathic functions

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The objective of this presentation is to explain the intervention of myofunctional therapy to restore the functions of the stomatognathic system (suction, breathing, swallowing, mastication and speech) and to show the importance of multidisciplinary work in Osteopathy and Maxillofacial Functional Orthopedics.

Socio-cultural differences have evolued in such a way that more and more changes in the functions of the stomatognathic system are evident. Every day there are more cases of patients with oral breathing, with difficulty in chewing food, with alterations in oral proprioception, swallowing changes and problems in the articulation of phonemes in speech. All these functions are interdependent and their alterations can have implications in the postural alignment and dental occlusion of the patient, so an identification, diagnosis and early intervention of these alterations can positively influence the occlusion and the whole pattern of craniofacial growth, contributing to its stability and harmony, as well as for the reduction of the possibility of dental and perural recurrences.

Claude Bernard (French physician and physiologist) said that "function creates the organ and the organ provides the function," thus, a deep understanding of the patient's primary functions of breathing, chewing, swallowing, and speech is a key success in correction of their posture and eventual malocclusion, since the correct execution of the same promotes a good growth and development of the craniofacial structures. The interpretation of these oral functions, muscular characteristics and mandibular and postural dynamics of patients is fundamental to establish a multidisciplinary intervention plan. Clinical cases treated in a multidisciplinary way with myofunctional therapy, osteopathy and functional orthopedic appliances will be reported.

Biography

Graduated in Speech Therapy by the Egas Moniz Escola Superior de Saúde (University)
Postgraduate Degree in Orofacial Motricity – EPAP
Trainer and Coordinator of the Speech Therapy and Functional Jaw Orthopedics Course of the Lisbon School of Functional Orthopedics – Lisbon
Guest trainer of one of the modules of the Functional Jaw Orthopedics Course of the Lisbon School of Functional Orthopedics – Lisbon
She develops her work in Private Practice, in the CUF Santarém, in the SSCML – Social Services of the Lisbon Municipal Council and in the Lisbon Clinic of Functional Orthopedics – WSEI Lisbon

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