

TCM & Eczema

Prof. Shulan Tang

Shulan College of Chinese Medicine
Manchester, United Kingdom

Summary –

Eczema is a common Dermatological Condition presented in Western TCM Clinics. We see this occurring in both sexes (Male & Female) and in all ages groups, from newborn Babies to Toddlers, Teenagers, Adults and in Senior Citizens.
The main symptoms which patients experience are 'Redness' of the Skin, Dry Skin, Hot & Itchy Skin and Flaky Skin.

This condition can be extremely stressful for people, affecting their sleep and all areas of their personal and professional lives. It often occurs alongside other conditions such as Hayfever & Asthma too, which can be especially stressful for the people who experience this.

Traditional Chinese Medicine (TCM) has a very good success rate for treating Eczema using Chinese Herbal Medicine, Acupuncture & Food Therapy. TCM's aim is to treat the root of the cause of the condition, which is internal, despite the main symptoms presenting on the Skin.

TCM can offer bespoke treatments based on the patient's individual diagnosis. We commonly see Wind-Heat, Damp-Heat, Blood-Heat, Toxic-Heat & Heat due to Yin Deficiency being presented by patients with Eczema, so in order for the treatment to be successful it must be tailored to each individual patient, combining Acupuncture, Chinese Herbal Medicine & Food Therapy.

Prof. Shulan Tang has been practicing & teaching TCM for over 25 years in the United Kingdom where she specialises in treating Eczema and other related Skin conditions such as Psoriasis & Acne. Through her vast experience in treating Eczema & other Skin conditions, she has created specific Chinese Herbal Medicine Formulas for treating these conditions effectively and has been successful with patients from all over the UK & Europe.

Biography –

Professor Shulan Tang first studied Chinese Medicine at the age of 16. She trained for 8 years at the two most prestigious TCM Universities in China (Nanjing & Beijing), gaining a Bachelor's Degree in 1984 from Nanjing University of Chinese Medicine and a Master's Degree from Beijing University of Chinese Medicine in 1987.

Prof. Tang has been practicing and teaching TCM in the UK & Europe for 26 years, publishing more than 50 'Papers' in highly regarded Journals.

Currently Prof. Tang is the Principal of 'Shulan College of Chinese Medicine', PhD Supervisor for the M/PhD Programme by Shulan College & Nanjing University of Chinese Medicine, President of the ATCM (Association of Traditional Chinese Medicine) in the UK and also the Editor of the magazine 'Chinese Acupuncture & Moxibustion'.

Presenting author details
Prof. Shulan Tang
07766165608
0161-448-1223
Shulantang99@gmail.com
Oral Guest Speaker