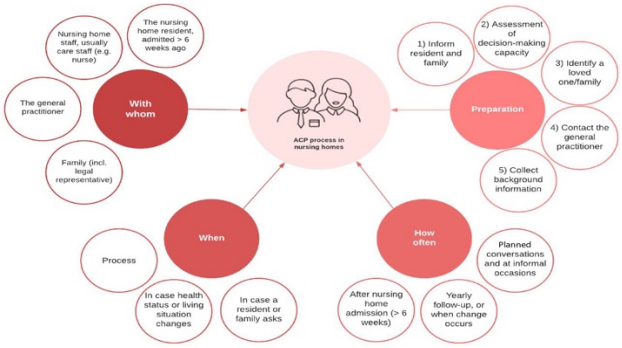
Advanced care planning: Cultural needs for Indians residing in residential aged care settings in Australia.

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Abstract (300 word limit)

Australia is a multicultural country with more than 17% of the population shared by Indians. Indian-born is the second largest population after the United Kingdom (UK). The healthcare system in Australia is facing a huge challenge in catering the services for migrants from various countries due to their cultural differences. In addition, due to the ageing population, emerging chronic diseases and increasing in health technologies places lots of pressure on the health care system in meeting the demands of the people. Indian culture is one of the diverse and oldest civilisations in the world. So, it is vital to understand these cultural variations when we provide care. Advanced care planning is a process that allows a person to express their preferences and goals for future healthcare once decision-making capacity has passed. The main aim of this paper is to highlight the importance of providing culturally sensitive care for people from diverse background. Literature review. This extensive review used various database such as PubMed, CINAHL, Scopus, Embase, Google Scholar. The key words used for searching the literature were culturally sensitive care, Indians, Terminal wishes, Treatment preferences, and Healthcare decisions. It's surprising that there were no articles found relating to advanced care planning among Indians in Australia. This paper has highlighted how healthcare professionals can integrate culturally sensitive advanced care planning for Indians in residential aged care facilities. There is still a long way to go relating to culturally sensitive advanced care planning in terms of preferences of end-of-life care options, terminal care wishes, and healthcare decisions in end-of-life. Adequate training for healthcare professionals that focus on culturally sensitive care, advanced care planning, and how to communicate sensitive matters openly to patients and their family members in end-of-life decision making need to be implemented.

Image:



Recent Publications (minimum 5)

1. **Shanmugasundaram, S.** (2024). "Palliative care nursing as a speciality: Making an impact in the Indian healthcare practice". The Hive Autumn edition.
2. Smith, A., Jenkins, M., Bartlatt, D., & **Shanmugasundaram, S.** (2024). "Non-pharmacological sleep interventions for dementia caregivers: A systematic review and meta-analysis of randomised controlled trials". (Draft in progress).
3. **Shanmugasundaram, S**, Halcomb, E., Bembridge, E., Orsena, M., Fernandez, R., Turner, S., & Sirala Jagadeesh, N. (March 2024). "Impact of COVID-19 on the psychological well-being of healthcare workers in India: A systematic review and meta-analysis" (Under review in Nursing Open Journal)
4. **Shanmugasundaram, S** & Joseph, L. (2021). "Nursing faculty attitude, knowledge, and practice towards research & barriers of research utilization in academic and clinical settings". *International Journal of Advanced Practice in Nursing, 2 (1): Feb 2021.*
5. ***Shanmugasundaram, S.*** *(2018). "Incorporating simulation in nursing education: An effective pedagogical approach". Indian Journal of Advanced Nursing, 4(1): 18-25.*

Photograph



Biography (150 word limit)

Dr Sujatha Shanmugasundaram (Dr Suja Shan) is a Lecturer in Nursing at University of Canberra. She is experienced in teaching, research, scholarship, and clinical practice (acute care, aged care, & palliative care) for nearly 35yrs. She has done several publications in peer reviewed journals and has presented her research papers in national and international conferences. Dr Shan has an extra ordinary contribution towards community service and professional organisation. Currently she serves as Australian College of Nursing Leadership Team Member for ACT Region. She recently served as a Middle east Regional Coordinator of Sigma, USA, and Chair - elect position of Gerontology of Mid-west Nursing Research Society, Illinois, USA. She was successful with several grants and awards. In particular, she received an Edith Anderson Education Leadership Award in 2012, Best Alumni Award in 2015 and Research Dissemination Award, Sigma, USA in 2015. Currently she involves in many numbers of collaborative research with national and international universities. In addition, Sujatha supervises HDR research projects. Her areas of teaching interests include aged care, research methods, palliative care, and research interests includes quantitative and qualitative research in palliative care, chronic illness, nursing education, simulation, COVID-19, & aged care.

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Notes/Comments: