Evidence based project

NU 444: Senior Elective

Soniya Amin

Anila Amin

The Aga Khan University Hospital School of Nursing and Midwifery

Post- RN Bscn Degree Program

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Introduction:

Midwife: A midwife is a trained health professional who helps healthy women during labor, delivery, and after the birth. (Todd Nivin, 2018)

Background:

Literature supports that refresher courses and ongoing educational sessions for nurses and midwives not only enhance the competency and knowledge but also make them competent enough to deliver safe and efficient care to patients.

Purpose:

After pre-test results analysis, it concluded that midwives require a refresher course in order to enhance their knowledge. For this reason, a proposal of revising the midwife orientation course was proposed.

Method:

A tool was formed for data collection which was filled by 6 Midwives after the informed consent. Findings were analyzed and summarized. In pre-knowledge assessment 35% midwives acknowledged lack of enough knowledge regarding physiological changes during pregnancy while 33% rated poorly knowledge deficient about antenatal care. Besides, 66% midwives marked average in providing health education to antenatal and postnatal mothers, whereas, 67% rate *poor* in monitoring and documenting labor pain contractions. 50% participant rate poor and 50% rate average in identifying early warning signs in patients. 66% midwives rate *average* in performing postnatal examination whereas, 33% participant having *average knowledge* in examining post-surgery and episiotomy stitches.

Results:

A Module is formulized with the name **Fundamental Concepts in Obstetrical Nursing: (An Elementary Module for Novice Midwives)** available on Google Website for self-learning.

Conclusion:

Above mentioned data clearly signifies the need for implementing such projects which enhances midwife knowledge, skills and practice in improving quality care and patient satisfaction rate.

Recommendation

In order to run the project smoothly (in orientation, for refresher courses, skills reviewing) related to Obstetrics and Gynecology, a RN RM instructor is recommended. Availability of this module online 24/7 for shift nurses.

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